

Minnetonka Senior Citizens  
Advisory Board Minutes  
Tuesday, September 14, 2010  
10:00

**Mission Statement: To develop and promote programs and services in our community, and to meet the diverse needs of those aged 55+.**

Roll Call: Present – Donna Bloom, Dave Carroll, Ann Dreier, Allan Kind, Lois King, Jeanne Lutgen, Chris Meyer, Bev Montgomery, Loy O'Boyle  
Staff: Steve Pieh.

Excused: Wanda Griep, Ron Timm, Connie Cannon, Bill Lurth

President Bev Montgomery called the meeting to order and led the Pledge of Allegiance.

Minutes for August were approved.

**President's Report:** Nothing at this time

**Staff Report:** Steve reported the following:

- The Cub Food stand was a success. We will know in a week how much money was raised.
- The Garden Club sold plants at the Farmer's Market for two Tuesdays, and gave a check in the amount of \$370 to the Senior Center.
- The Friends Group has a meeting scheduled. No one has come to the last two, and if no one comes to this one, then this group will be discontinued.

**Old Business:**

- **Mill's Landing Update.** There will be a grand opening on October 1<sup>st</sup>. Most of the vendors also volunteer at the store. It will be open Wednesday through Friday from 10:00 – 4:00. During the holidays the hours will be extended.
- **Fall Fitness Fest is September 15-17.** There are 60 people registered, plus volunteers.
- **City Open House – Tuesday October 5<sup>th</sup> from 5-8.** The seniors will have a booth with information about the Center, and will serve popcorn in the Purgatory Creek Room.
- **30<sup>th</sup> Anniversary** celebration is Thursday October 14<sup>th</sup> at noon.

## **New Business:**

- **City Open House is Tuesday October 5<sup>th</sup>.** The Seniors will serve food in the Purgatory Creek Room from 5 – 7:40. They will also have a table for information on the first floor.
- **Know your Center Groups**
  - Jean McSwiggen joined us to report on the Exercise group. She reported that the group started about 30 years ago through Park Nicollet. At present there are 175 members who have signed up and paid the \$12 yearly fee. They meet on Monday, Wednesday, and Friday from 9:00 – 10:00. there are between 62 to 93 every day, and ages range from 50 to 90+. The class is adapted to fit those who can run stairs and use weights, to those who exercise from a chair.
  - They have a coffee party on the last Friday of the month after class.
  - They are thinking of buying some new CD's, and having the microphones checked.
  - We will announce special events and programs, along with ways their members can give back to the City and the Community at their monthly coffee.
  - Chris Meyer and Jeanne Lutgen reported on the Bike Club. There are presently 55 members who have paid the \$5 annual fee, and received the 20 page bike routes by email. The club has planned over 60 different rides around the area and the greater Twin Cities. They ride Tuesdays and Thursdays each week at 9:00 a.m. Two out state rides have been offered and more are being developed. These tend to be 25-35 mile rides. Each ride attracts 10-17 riders. They follow the rules of the road, and discuss safety before each ride. Reminders about riding single file, spaced out, and everyone must use a helmet. The schedule begins in April, and ends in November. Emails describing each ride are sent the day before each ride by the leader of the ride. Bad weather cancellations are sent out the morning of the ride.
  - This group is open to announcements and volunteer opportunities within the City and the Center.
- **Senior Community Services Officers Workshop – Thursday November 4<sup>th</sup> at the Gillespie Center**
  - The theme of the day is : Discover the Importance of Humor in Your Life
  - It is a good event to meet and exchange ideas with other Senior groups.
- **Off Site Programming**
  - Steve and Bev Montgomery visited the senior housing at Glen Lake Landing. Transportation to the Center seems to

be a problem for those living there and at other Senior Housing in Minnetonka. We discussed the idea of taking a program to them. This idea has met with success in other communities in reaching out to those who cannot attend events at the Center. We are exploring offering a trial event at one of the Senior Housing complexes that offers a meeting room. There needs to be more discussion and exploration of this program.

- **By Law Review**

- In looking over the by laws it was noted that we need to present a quarterly scholarship financial report. This will begin in October.
- It is noted that the by laws were reviewed on 9/14/10.

- **Committee Reports**

- **Event, Sunshine and Volunteer Committees** are all up to date.
- **Marketing** – Connie wasn't able to be at the meeting but sent a note saying that the committee would be meeting soon to discuss: Who we are; what our message is; and who we serve. Alan volunteered to join the committee.
- **CNI Committee** ... Allan reported that the Demographic Forum is Monday September 20<sup>th</sup> at 7:00 at the Minnetonka Community Center. Speakers are Tom Gillaspie, demographer, and Tom Stinson, state economist .
- **Civic Volunteer** ... Jeanne reported that four people helped sort clothes for the back-to-school drive at Resource West.

**Dates to remember:**

**Demographics speakers – Monday September 20<sup>th</sup>, 7:00 p.m. Stinson / Gillaspie**

**Book Sale – Thursday September 30<sup>th</sup>, 9-2 p.m.**

**Flu Shot – Thursday October 21, 9:00 – 12:00**

**Goal Setting – Monday October 25<sup>th</sup>, 9:00 a.m. – 11:30 a.m. Glen Lake Atrium**

Next Meeting October 12, 2010 at 10:00

Adjourned at 11:45

Respectfully submitted,  
Jeanne Lutgen