

Minnetonka Senior Services Resource Guide

THIS RESOURCE GUIDE IS PROVIDED BY MINNETONKA SENIOR SERVICES, SENIOR ADVISORY BOARD AND THE COMMUNITY NEEDS AND ISSUES GROUP.

2011

Mission:

The purpose of this guide is to help those 55+ and caregivers connect with resources within the community. ♻️

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Minnetonka Senior Services Minnetonka Community Center

14600 Minnetonka Bld.
Minnetonka, MN 55345

(952) 939-8393

www.eminnetonka.com

Monday-Friday: 8:00 a.m.
to 4:30 p.m.



Card Groups	Exercise Groups
500 Card Club	Biking/Hiking
Social Bridge	Golf
Duplicate Bridge Partners needed	Line Dance & Comm. Dance
Bunco - Dice Game	Over 50 & Fit
Cribbage	Softball
Poker	Tai Chi Chih/Yoga
Leisure Groups	
AA/Al-Anon	All ages welcome.
Billiards	Time Varies.
Bingo	New members welcome
Bird Club	Speakers featured monthly.
Book Club/Great Books	New members welcome
Chess	New members welcome
Chorale	New members welcome
Community Needs & Issues Group (CNI)	New members welcome.
Computer Interests Group	Experience ranges from beginner to expert.
Craft Committee	Assembles crafts for events.
Garden Club	New members welcome
OLLI Discussion	Discussion on a wide range of topics.
Scribblers	Writes and shares their short stories, essays, poems, letters and memoirs.
Tonka Tale Tellers	Travels to elementary schools to tell and animate stories.
Tale Spinners	Provides support and rapport to writers.
Wood Carvers	New members welcome.
Health	Special Events
Blood Pressure Screenings	Monthly Parties
Foot Care	Lunch & Movie
Services	
Health Insurance Counseling	Income Tax Preparation
Outreach Worker	H.O.M.E. Program: Household and Outside Maintenance for Elderly.
Legal Assistance	Parkinson's Support Group

Call (952) 939-8393 for more information

Minnetonka Senior Services

Minnetonka Senior Services (MSS) offers a wide variety of programs. Program offerings include the following:

- History, British history, watercolor painting, oil painting, beginning bridge and bridge II, Tai Chi Chih, yoga, line dance, digital camera and many more. Trips, presentations on many topics and monthly parties are also offered.

Senior Services & Giving Back

MINNETONKA SENIOR SERVICES OFFERS PROGRAMS TO connect you with new friends or reconnect with your neighbors. If you are looking for ways to connect and give back to the community, try the following:

- **Community Connections:** Meetings held once a month to learn about city functions. Join a discussion with other interested community members.
- **Senior Choral:** Continue your love of singing and performing, with opportunities to bring music to many local venues.
- **Garden Club:** Become a better gardener, and give back to the community by planting and maintaining city gardens.
- **Tonka Tale Tellers:** A readers' theater presenting stories for children at schools, and libraries.
- **Volunteer Opportunities: Newsletter Mailing**—once a month help fold, sticker and label the monthly senior newsletter, which is mailed out to more than 2,400 residents. **Parties & Special Events**—help set up, take down, serve meals, put crafts together and much more.
- **Senior Advisory Board:** Discuss and implement programs to help make the lives of all seniors more enjoyable and relevant.
- **"Some people slip into retirement; others jump right in."** Are you ready to take the plunge?!

Sign up for weekly updates

MINNETONKA SENIOR SERVICES PROVIDES E-MAIL updates about activities, trips, events and volunteer opportunities. Your e-mail address will not be shared with anyone. Call the center at (952) 939-8393 or e-mail ngorman@eminnetonka.com to be added the weekly update list.

Community Assistance Programs

Community Development: Housing and Rehab Loans – City of Minnetonka

Provides housing rehabilitation grants and certain other housing assistance programs, often through outside agencies.

www.eminnetonka.com • (952) 939-8285

Deaf and Hard of Hearing Services – Minnesota Department of Human Services

Definitions, facts, treatments and other resources.

www.dhs.state.mn.us • (651) 431-5940

Economic Assistance Program

Hennepin County's economic assistance program helps with jobs, cash and emergencies for seniors, singles, families and refugees.

www.hennepin.mn.us • (612) 596-1300

ResourceWest

Connects individuals and families to local resources (Hopkins, Minnetonka, Shorewood, Excelsior, Deephaven, Woodland and Greenwood).

www.resourcewest.org • (952) 988-5350

Jewish Family & Children's Service of Minneapolis (JFCS), L'Chaim Senior Services

Provides meals, counseling, transportation and help for seniors to remain independent.

www.jfcsmpls.org • (952) 546-0616

Medical Assistance–Minnesota

Provides the largest of Minnesota's publicly funded health care programs through Medicaid.

www.dhs.state.mn.us • (612) 348-3000 ext. 4
1-800-333-2433

Metropolitan Area Agency on Aging

Builds awareness and support of aging issues, trends, assets and needs and provides information and assistance.

www.tcaging.org • (651) 641-8612

State Services for the Blind (SSB)

Offers an overview of services for the blind.

www.mnssb.org • (651) 642-0500
1-800-652-9000

MinnesotaHelp.info

Online access to statewide community resources for seniors, their families, and caregivers.

www.minnesotahelp.info/public

1-800-333-2433

Minnesota RxConnect

Provides information online about prescription medicine, safety and cost saving tips and programs to help Minnesotans pay for prescription medications.

www.state.mn.us/portal/mn/jsp/home.do?agency=Rx

National Parkinson Foundation MN

Dedicated to improving the lives of those affected by Parkinson Disease.

www.parkinsonmn.org • (763) 545-1272

Senior Community Services (SCS)

Community based services to seniors and their caregivers to help them remain independent. Includes home maintenance, senior outreach worker, and insurance counseling.

www.seniorcommunity.org • (952) 541-1019

H.O.M.E. Program

H.O.M.E. is a program that helps older adults (age 60 plus) remain independent in their homes by providing services they may need help with. Service costs are based on a sliding contribution scale. We also accept insurance payments as well as waiver programs. Our core staff, with a network of skilled workers and volunteers will perform painting, minor repairs, raking, snow shoveling, lawn mowing, house cleaning, laundry, and grocery shopping. H.O.M.E. is a program of Senior Community Services.

www.seniorcommunity.org • (952) 746-4046

CareNextion

Build & manage a team of caregivers on-line. Coordinate care schedules electronically. Find trusted resources for independent living. 24/7 access.

www.carenextion.org • (612) 770-7005

Senior LinkAge Line (Minnesota Board on Aging)

Offers free information on most all aspects of aging and health including insurance, home care, medications, legal and financial assistance, etc.

www.tcaging.org • 1-800-333-2433

Government Resource Programs

Hennepin County Service Center

Apply for driver's licenses, marriage licenses, passports, birth certificates, and personal identification.
(612) 348-8240

Internal Revenue Service

Offers Federal tax information and forms.
www.irs.gov • (651) 312-8082

Minnesota Department of Veterans Affairs

Helps Minnesota veterans and dependents and survivors obtain benefits from the federal VA offices at the county level.
www.mdva.state.mn.us • 1-888-linkvet
(1-888-546-5838) a toll free 1-stop customer service line for all Minnesota veterans

Social Security

A social insurance program in U.S. for retirement, survivors and disability insurance.
www.socialsecurityofficelocations.net/Minnesota
1-800-772-1213

Medicare

Program description, eligibility and benefit information.
www.medicare.gov • 1-800-633-4227

Minnetonka Post Office

www.usps.com • (952) 238-0744 or 1-800-275-8777

Other Resource Programs

AARP Tax-aide

Offers free help for older taxpayers and people with limited income. February through April by appointment.
www.aarp.org/money/taxaide • (952) 939-8393
(Minnetonka Community Center)

Alzheimer's Association

Help with issues related to Alzheimer's.
www.alz.org/mnnd • 1-800-272-3900

Disability Linkage Line

Helps people with disabilities, chronic illnesses and their representatives connect to community services.
www.minnesotahelp.info • 1 (866) 333-2466

Caregiver Support Services

Caregiver Support Services through the Volunteers of America offers assistance, information, counseling, and respite services to family members who are caring for an older adult at your home or theirs.
www.voamn.org • (952) 945-4173

Legal Aid Society

Provides free legal assistance in many types of legal cases.
www.midmnlegal.org • (612) 332-1441

Little Brothers–Friends of the Elderly

Provides social opportunities, transportation, food and home-based counseling programs
www.littlebrothersmn.org • (612) 746-0738

United Way: 2-1-1 (formerly First Call for Help)

Help in navigating complex array of human services.
www.unitedwaytwincities.org • 1-800-543-7709
Within service area call 2-1-1
Outside metro area: (651) 291-0211

Food Resources

Hopkins Dinner at Your Door

Meals delivered to those who are homebound, mostly to seniors east of I-494.
(952) 935-1633 *Call this number first.
(952) 935-9028

Meals on Wheels Southshore

Meals delivered to those who are homebound, mostly to seniors west of I-494. • (952) 474-5227

Store to Door

A non-profit grocery and prescription delivery service enhancing opportunities for aging adults 60+ to live independently. Store to Door shops at Cub Foods and delivers every other week.
www.storeto-door.org • (651) 642-1892

ICA (Intercongregation Communities Association)

Your local food shelf providing groceries and financial services to neighbors in the communities of Hopkins, Minnetonka, Excelsior, Shorewood and Deephaven.
www.icafoodshelf.org • (952) 938-0729

Recycling Resources

Minnetonka Public Works Recycling

Recycling, special drop-off, brush/leaf drop-off and more.
www.eminnetonka.com/public_works/recycling_garbage.cfm • (952) 939-8202

Hennepin County Environmental Services

Offers waste reduction, reuse and proper disposal for household hazardous waste at sites in Bloomington and Brooklyn Park.
www.hennepin.us/environment • (612) 348-3777

Minnetonka Community Center

Accepts batteries, eyeglasses, pop tabs, soup labels and milk tops. • (952) 939-8393

Transportation Resources

Metro Transit

Light rail and bus schedules.
www.metrotransit.org • (612) 373-3333

Transit Link

Shared ride minibus or van service for those without regular transit service.
transitlink@metc.state.mn.us • (651) 602-5465

Metro Mobility

Door-to-door public transportation for Twin Cities residents with disabilities.
www.metrocouncil.org/transportation/paratransit/intro.htm • (651) 602-1111

Defensive Driving Classes

The driver improvement program provides defensive driving tips, the latest safety information and more. Qualify for a 10% auto insurance discount. Minnesota Highway Safety Center.
www.mnsafetycenter.org • 1-888-234-1294

Courage Center: Driving Assessments

For seniors and people with disabilities-be a safe and successful driver; increase your independence.
www.couragecenter.org • (763) 588-0811

Department of Motor Vehicles (DMV)

www.dmv.org/mn-minnesota • (612) 348-8240
 (Ridgedale office)

Learning Resources

Hennepin County Library

The At Home program is available for individuals who live in suburban Hennepin County and provides free long- or short-term library service to individuals unable to visit the library in person. Library materials are delivered by volunteer or by mail (at no charge to the individual).
www.hclib.org/pub/info/at_home_service.cfm
 Ridgedale location (South of Ridgedale Mall):
 (612) 543-8850
 Minnetonka location (corner of Excelsior & Hwy 101):
 (952) 847-5500

Minnetonka Community Education

4584 Vine Hill Road
 Excelsior MN 55331
www.minnetonkacommunityed.org • (952) 401-6800

Hopkins Community Education

1001 Highway 7, Room 127
 Hopkins, MN 55305
www.hopkinsschools.org/community-education
 (952) 988-4070

City of Minnetonka “What If?” Program

“What If?” is an emergency management public education program designed to prepare you for emergencies, big or small, with the goal of creating a proactive community.
www.eminnetonka.com • (952) 939-8331

Notes

Name of Organization:
Phone Number:
Website:
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Subsidized Monthly Rentals

Subsidized rental developments offer affordable rents to income-qualified senior and handicapped/disabled persons. This section provides information for those looking for low income rentals. Residents pay approximately 30 percent of their income for rent.

Eligibility Limits (Check HUD for current pricing):

- **Low Income:** \$45,100: one person/\$51,550: two people
- **Very Low Income:** \$29,400: one person/\$33,600: two people.
- **Extremely Low Income:** \$17,650: one person/\$20,200: two people.

Boulevard Gardens

11333 Fairfield Road
Minnetonka, MN 55305
(952) 542-9338

Glen Lake Landing

5416 Beacon Hill Road
Minnetonka, MN 55345
(952) 935-7710

Minnetonka Heights

5809 County Road 101
Minnetonka, MN 55345
(952) 934-4040

Market Rate Monthly Rentals

Beacon Hill Terrace

5330 Beacon Hill Road
Minnetonka, MN 55345
(952) 988-8800

RidgePointe

12600 Marion Lane East
12800 Marion Lane West
Minnetonka, MN 55305
www.ridgepointeseniorliving.com
(952) 540-6200

Westridge Retirement Community

11201 Fairfield Road
Minnetonka, MN 55305
www.tcchomes.org/west.htm
(952) 512-0547

Various Housing Styles

The following sites offer multiple styles of housing including independent living, assisted living, memory care and other amenities.

Elder Homestead

11400 4th Street N.
Minnetonka, MN 55343
www.volunteersofamerica.org
(952) 933-1752

Freedom Point - Minnetonka

500 Carlson Parkway
Minnetonka, MN 55305
www.brookdaleliving.com/freedom-pointe-minnetonka.aspx
(952) 473-3330

Golden Living-Hillcrest of Wayzata

15409 Wayzata Blvd.
Wayzata, MN 55391
www.goldenlivingcenters.com
(952) 473-5466

Sunrise Assisted Living of Minnetonka

18605 Old Excelsior Blvd.
Minnetonka, MN 55345
www.sunriseseniorliving.com
(952) 474-9155

The Glenn by St. Therese Southwest

5300 Woodhill Road
Minnetonka, MN 55345
www.theglennseniorhousing.com
(952) 352-1000

Assisted Living

Beacon Hill Commons

5300 Beacon Hill Road
Minnetonka, MN 55345
(952) 988-8800

Minnetonka Assisted Living Suites

14505 Minnetonka Dr.
Minnetonka, MN 55345
(952) 988-0011

Memory Care

All of the memory care facilities listed below are for individuals with Alzheimer's disease or dementia.

Emerald Crest

13401 Lake St. Ext.
Minnetonka, MN 55305
www.emeraldcrest.net
(952) 933-9903

Gianna Homes

4605 Fair Hills Rd. East
Minnetonka, MN 55345
www.giannacommunity.com
(952) 988-0953

Legacy Care Home

14900 Crown Drive
Minnetonka, MN 55345
www.legacycarehome.com
(612) 597-2605

Rakhma-Grace Home

5126 Mayview Road
Minnetonka, MN 55345
www.rakhma.org
(952) 936-0262

Adult Day Services

All of the adult day services listed below include van pickup, activities and noon meal. A sliding fee schedule is available.

Open Circle

34 10th Ave.
Hopkins, MN 55343
www.augustanacare.org
(952) 935-8143

Prairie Adult Care

Prairie Adult Care is based out of Victory Lutheran Church.
16200 Berger Drive
Eden Prairie, MN 55347
www.prairieadultcare.com
(952) 949-3126

Sojourn

4497 Shoreline Drive
Spring Park, MN 55384
(952) 471-6080

Minnesota Adult Day Services Association

www.madsa.org
(763) 464-2698

Local Senior Centers

Minnetonka Senior Services

14600 Minnetonka Blvd.
Minnetonka, MN 55345
www.eminnetonka.com
(952) 939-8393

Hopkins Activity Center

33 14th Ave. N.
Hopkins, MN 55343
www.hopkinsmn.com/activitycenter/index.php
(952) 939-1333

Plymouth Creek Center

14800 34th Ave.
Plymouth, MN 55447
www.ci.plymouth.mn.us
(763) 509-5280

Gillespie Center

2590 Commerce Blvd.
Mound, MN 55364
www.gillespiecenter.org
(952) 472-7563

Southshore Senior Center

5735 Country Club Road
Shorewood MN 55331
www.southshore-center.org
(952) 474-7635

Lennox Community Center

6715 Minnetonka Blvd.
St. Louis Park, MN 55426
www.slpcommunityed.com
(952) 928-6444

Minnetonka Recreation Services
 14600 Minnetonka Blvd.
 Minnetonka, MN 55345

Return Service Requested



All programs offered by Minnetonka Senior Services take place at the Minnetonka Community Center located at 14600 Minnetonka Blvd., Minnetonka, MN 55345.

About the Script...

The *Minnetonka Script* is a newsletter that is published by Minnetonka Recreation Services for Minnetonka residents age 55+. Programs are sponsored by the city of Minnetonka. The *Script* is mailed free of charge to residents of Minnetonka. The subscription rate for non-residents is \$10. There are free newsletters located in the Minnetonka Community Center display case and in city hall. Call (952) 939-8393 to add your name to the mailing list. You may also view the *Script* online at www.eminnetonka.com.

Disclaimer: All of the information listed in this resource guide is deemed to be correct. This guide is meant to be an abbreviated and quick resource. If you cannot find what you are looking for within the guide, please visit the United Way or the Senior Linkage Line.

Housing information was provided by the Senior Housing Directory Care Options Network. Visit their website at www.seniorhousinginc.org or www.careoptionsnetwork.org for more housing information.



At A Glance... City Contacts

<i>Minnetonka Senior Services</i>	952-939-8393
<i>City Hall</i>	952-939-8200
<i>Fire Department</i>	952-939-8598
<i>Non-Emergency Police</i>	952-939-8500
<i>Minnetonka Community Center</i>	952-939-8393
<i>Minnetonka Ice Arena</i>	952-939-8310
<i>Public Works</i>	952-988-8400
<i>Recreation Services</i>	952-939-8203
<i>Williston Fitness Center</i>	952-939-8370
<i>Facilities (rentals/reservations)</i>	952-939-8390
<i>The Landing Shop</i>	763-591-4868

Our mission...

To develop and promote programs and services in our community to meet the diverse needs of those 55+.

The Landing Shop

- The Landing Shop – located at 11280 Wayzata Boulevard, at the northwest corner of I-394 and Hopkins Crossroad/Cty. Rd. 73. Browse and buy handmade toys, doll clothes and furniture, sweaters, booties, paintings, home decor, kitchen towels and dishrags, and much more.
- The shop is open Wednesdays through Saturdays, 10 a.m. to 4 p.m. (763) 591-4868