

## Group Fitness Weekend Rotation 2012

Date	Time	Class	Instructor
December 24, 2011	8:30 & 9am	Cardio Mix/Core Cond.	Anne K.
	8:00am	Water Aerobics	Amy
December 31, 2011	8:30 & 9am	Cardio Mix/Core Cond.	Jen
	8:00am	Water Aerobics	Ann T.
January 7, 2012	8:30 & 9am	NO CLASSES DUE TO WORKSHOP	
	8:00am	Water Aerobics	Amy
January 8, 2012	8:05am	Spin	Gina
January 14, 2012	8:30 & 9am	Cardio Mix/Core Cond.	Allen
	8:00am	Water Aerobics	Ann T.
January 15, 2012	8:05am	Spin	Karen
January 21, 2012	8:30 & 9am	Cardio Mix/Core Cond.	Jen
	8:00am	Water Aerobics	Amy
January 22, 2012	8:05am	Spin	Tracey
January 28, 2012	8:30 & 9am	Cardio Mix/Core Cond.	Allen
	8:00am	Water Aerobics	Ann T.
January 29, 2012	8:05am	Spin	Julie
February 4, 2012	8:30 & 9am	Cardio Mix/Core Cond.	Jen
	8:00am	Water Aerobics	Amy
February 5, 2012	7:30am	Spin- NO CLASS DUE TO WORKSHOP	
February 11, 2012	8:30 & 9am	Cardio Mix/Core Cond.	Allen
	8:00am	Water Aerobics	Amy
February 12, 2012	8:05am	Spin	Kathy
February 18, 2012	8:30 & 9am	Cardio Mix/Core Cond.	Allen
	8:00am	Water Aerobics	Ann T.
February 19, 2012	8:05am	Spin	Julie F.
February 25, 2012	8:30 & 9am	Cardio Mix/Core Cond.	Jen
	8:00am	Water Aerobics	Amy
February 26, 2012	8:05am	Spin	Tracey
March 3, 2012	8:30 & 9am	Cardio Mix/Core Cond.	Jen
	8:00am	Water Aerobics	Ann T.
March 4, 2012	8:05am	Spin	Karen
March 10, 2012	8:30 & 9am	Cardio Mix/Core Cond.	Jen
	8:00am	Water Aerobics	Amy
March 11, 2012	8:05am	Spin	Julie
March 17, 2012	8:30 & 9am	Cardio Mix/Core Cond.	Allen
	8:00am	Water Aerobics	Ann T.
March 18, 2011	8:05am	Spin	Kathy
March 24, 2012	8:30 & 9am	Cardio Mix/Core Cond.	Jen
	8:00am	Water Aerobics	Amy
March 25, 2011	8:05am	Spin	Karen
March 31, 2012	8:30 & 9am	Cardio Mix/Core Cond.	Allen
	8:00am	Water Aerobics	Ann T.
April 1, 2012	8:05am	Spin	Tracey

April 7, 2012	8:30 & 9am	Cardio Mix/Core Cond.	Jen
	8:00am	Water Aerobics	Amy
April 8, 2012	EASTER - Closed	EASTER - Closed	
April 14, 2012	8:30 & 9am	Cardio Mix/Core Cond.	Allen
	8:00am	Water Aerobics	Ann T.
April 15, 2012	8:05am	Spin	Julie
April 21, 2012	8:30 & 9am	Cardio Mix/Core Cond.	Jen
	8:00am	Water Aerobics	Amy
April 22, 2012	8:05am	Spin	Kathy
April 28, 2012	8:30 & 9am	Cardio Mix/Core Cond.	Allen
	8:00am	Water Aerobics	Ann T.
April 29, 2012	8:05am	Spin	Karen
May 5, 2012	8:30 & 9am	Cardio Mix/Core Cond.	Jen
	8:00am	Water Aerobics	Amy
May 6, 2012	8:05am	Spin	Tracey
May 12, 2012	8:30 & 9am	Cardio Mix/Core Cond.	Allen
	8:00am	Water Aerobics	Ann T.
May 13, 2012	8:05am	Spin	Julie
May 19, 2012	8:30 & 9am	Cardio Mix/Core Cond.	Jen
	8:00am	Water Aerobics	Amy
May 20, 2012	8:05am	Spin	Kathy
May 26, 2012	8:30 & 9am	Cardio Mix/Core Cond.	Allen
	8:00am	Water Aerobics	Ann T.
May 27, 2012	7:30am	Spin	Karen
June 2, 2012	8:30 & 9am	Cardio Mix/Core Cond.	Jen
	8:00am	Water Aerobics	Amy
June 3, 2012	8:05am	Spin	Tracey