Winter/Spring Water Aerobics Schedule
January 9 - June 2, 2012

1/9/2012

Water Aerobics

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
8:00-8:50AM	Arthritis Water Aerobics Kathy	8:00-8:50AM	Arthritis Water Aerobics Dee	8:00-8:50AM	Arthritis Water Aerobics Kathy	8:00-8:50AM	Arthritis Water Aerobics Dee	8:00-8:50AM	Arthritis Water Aerobics Kathy	8:00-8:50AM	Water Aerobics
9:00-9:50AM	Water Aerobics Shallow Kathy	9:00-9:50AM	Water Aerobics Deep Water Dee	9:00-9:50AM	Water Aerobics Shallow Kathy	9:00-9:50AM	Water Aerobics Deep Water Dee	9:00-9:50AM	Water Aerobics Shallow Dee	Anne T/Anne K/Amy	
10:00-10:50AM	Arthritis Water Aerobics Julie			10:00-10:50AM	Arthritis Water Aerobics Julie			10:00-10:50AM	Arthritis Water Aerobics Dee		
		6:00 - 6:50PM	Water Aerobics Amy			6:00 - 6:50PM	Water Aerobics Amy				

***All water aerobics classes are included in the Williston Center membership.**
Schedule subject to change, class size may be limited due to equipment and space requirements.
Please be courteous to other members and arrive on time.
The Williston Center reserves the right to cancel any class on the basis of low attendance.
Schedule changes will be posted on the website, http://www.eminnetonka.com/recreation/facilities/williston_fitness_center.cfm.
Please call 952-939-8370 for more information.