

WINTER 2012 CO-REC INDOOR SOCCER



League Rules

1. Games are played at the Lindbergh Center gymnasium, 2400 Lindbergh Drive in Minnetonka.
2. Players must wear shin pads, knee-high socks, and the official league jersey (red & white reversible).
3. Game length is four 12-minute quarters. A maximum of 7 players are allowed on the court (six plus goalie). Teams will be allowed to play with a minimum of five players.
4. Teams not having at least one female on the court must play down one player. If teams pick up a player from another team, they must forfeit the game but will be permitted to use players not on the roster.
5. Substitutions are allowed "on the fly."
6. No slide tackling or rough play allowed. Players may not leave their feet.
7. Goalies catching the ball must release the ball in play within 4 seconds by rolling, throwing or punting it with the condition that it touches any field player before it crosses the half-line. An indirect free kick on the half-line is awarded to the opposing team for infringement of this rule.
8. Teams are permitted to kick the ball over six feet high only if a player is making a pass. If they are simply clearing the ball, it cannot go over 6 feet high.
9. Balls kicked out of play (side lines) will be restarted using a throw-in by the opposing team (no goal may be scored). The ball can be played forward or backward. Defending players may not stand closer than 6 feet from the ball.
10. Balls kicked out of play on the end line by the defensive team will be restarted using a throw-in from the corner by the opposing team. Defending players may not stand closer than 6 feet from the ball.
11. Balls kicked out of play on the end line by the offensive team will be restarted as if the goalie caught the ball (see #7 above).
12. As there is no clearly marked goal box area, it will be the referee's judgment in determining when a flagrant foul or handball is committed in the goal box. In these situations, a penalty kick will be awarded with the ball marked at 8 yards.
13. On all infractions, the ball, when put in play, must be passed to a teammate. There will be no direct kicks. All infractions will result in an indirect free kick with the ball being played either forward or backward from the point of infraction.
14. On all indirect free kicks, the defensive team must stand at least three yards away from the ball until it has been kicked.
15. Any player, other than the goalie, who uses their hands to prevent a goal, will serve a three-minute penalty. The team will play shorthanded during this time.
16. This is an ADULT league. All participants must be at least 18 years of age or older and out of high school.
17. In case of inclement weather, players should call the Weather Hotline at **952-939-8355** for updates.

PLAYER CONDUCT:

1. Any physical play will be discouraged even to the point of having players sit out for repeated offenses.
2. Players removed from the game for unsportsmanlike conduct will not be allowed to compete in the following game and a \$20 conduct violation fee will be assessed. A second ejection from a game by any one player will result in suspension for the remainder of the season.
3. At no time shall any person lay a hand on, shove, strike, use abusive language, or threaten an official of the Hopkins-Minnetonka Recreation Department on park or school property. Maximum penalty shall be suspension from local league play for one season or up to suspension for life. The umpire's authority at a game shall not be questioned. They have been instructed to enforce the league rules. The umpire has the authority to remove a player, coach, or manager from the game for violation of the rules.
4. Profanity on or around the playing field, even casual profanity, is not permitted.

WINTER 2012 LEAGUE SCHEDULE

DATE	TIME	SITE	HOME TEAM (RED)	VISITOR TEAM (WHITE)
1/8/12 Sunday	6:30 p.m.	Lindbergh Center	Rebels	Colt 45's
	7:30 p.m.	Lindbergh Center	Advil	Vicious Delicious
	8:30 p.m.	Lindbergh Center	Kicking & Screaming	Team Guinness
	9:30 p.m.	Lindbergh Center	Lonestars	Nations United I
Team <u>Free Agents</u> has a bye this round.				
1/15/12 Sunday	6:30 p.m.	Lindbergh Center	Vicious Delicious	Free Agents
	7:30 p.m.	Lindbergh Center	Lonestars	Kicking & Screaming
	8:30 p.m.	Lindbergh Center	Nations United I	Colt 45's
	9:30 p.m.	Lindbergh Center	Advil	Team Guinness
Team <u>Rebels</u> has a bye this round.				
1/22/12 Sunday	6:30 p.m.	Lindbergh Center	Lonestars	Advil
	7:30 p.m.	Lindbergh Center	Team Guinness	Vicious Delicious
	8:30 p.m.	Lindbergh Center	Free Agents	Rebels
	9:30 p.m.	Lindbergh Center	Colt 45's	Kicking & Screaming
Team <u>Nations United I</u> has a bye this round.				
1/29/12 Sunday	6:30 p.m.	Lindbergh Center	Rebels	Nations United I
	7:30 p.m.	Lindbergh Center	Advil	Colt 45's
	8:30 p.m.	Lindbergh Center	Vicious Delicious	Lonestars
	9:30 p.m.	Lindbergh Center	Team Guinness	Free Agents
Team <u>Kicking & Screaming</u> has a bye this round.				
No games are scheduled for Sunday, February 5 due to the Super Bowl.				
2/12/12 Sunday	6:30 p.m.	Lindbergh Center	Lonestars	Team Guinness
	7:30 p.m.	Lindbergh Center	Free Agents	Nations United I
	8:30 p.m.	Lindbergh Center	Vicious Delicious	Colt 45's
	9:30 p.m.	Lindbergh Center	Kicking & Screaming	Rebels
Team <u>Advil</u> has a bye this round.				
2/19/12 Sunday	6:30 p.m.	Lindbergh Center	Nations United I	Kicking & Screaming
	7:30 p.m.	Lindbergh Center	Rebels	Advil
	8:30 p.m.	Lindbergh Center	Team Guinness	Colt 45's
	9:30 p.m.	Lindbergh Center	Lonestars	Free Agents
Team <u>Vicious Delicious</u> has a bye this round.				
2/26/12 Sunday <i>Bye teams only</i>	6:30 p.m.	Lindbergh Center	Vicious Delicious	Rebels
	7:30 p.m.	Lindbergh Center	Free Agents	Kicking & Screaming
	8:30 p.m.	Lindbergh Center	Advil	Nations United I