

Minnetonka Script

14600 Minnetonka Boulevard, Minnetonka, MN 55345
(952) 939-8393 • on the web at www.eminnetonka.com

February 2012

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*The Minnetonka
Community Center will
be closed February 20, in
observance of Presidents'
Day.* ☺



Our mission...

To develop and promote programs and services in our community to meet the diverse needs of those 55+.

Special election is February 14

AN AT-LARGE COUNCIL MEMBER VACANCY WILL BE FILLED AT A SPECIAL ELECTION ON February 14, 2012. Voters can cast an absentee ballot if they are unable to make it to the polling location on Election Day due to absence from the precinct, illness or disability, religious observance, or service as an election judge in another precinct.

Absentee voting for the special election began January 13 and continues through Monday, February 13. Voters may vote in person at Minnetonka City Hall during regular business hours, 8 a.m. to 4:30 p.m., Monday through Friday. Extended absentee voting hours will be available Saturday, February 11, from 9 a.m. to 3 p.m.; and Monday, February 13, until 5 p.m.

Polling places will open at 7 a.m. Tuesday, February 14, and remain open until 8 p.m.

If you have any questions regarding voting, please contact the city clerk at (952) 939-8218. ☺

Valentine's Day party is February 16

ENJOY A DELICIOUS MEAL OF ITALIAN CHICKEN, SCALLOPED POTATOES, GREEN BEANS, Caesar salad, garlic bread and cupcakes. Enjoy the musical talents of Mary Hall.

Course #24628

Thursday, February 16, 12 p.m.

Cost: \$7 payable to MSS by Thursday, February 9. ☺

“What If?” vision program

MINNETONKA FIRE DEPARTMENT'S “WHAT IF?” PROGRAM IS PLEASED TO ANNOUNCE Dr. Krista M. Davis, optometrist at Glen Lake Optical, as a guest speaker at the Minnetonka Senior Center. Dr. Davis will be speaking about different eye diseases. She will focus on how to prevent and stay aware of these conditions.

The “What If?” program is also excited to give a presentation on preventing emergencies in your home.

Course #24993

Wednesday, February 22, 10:30 a.m.

Please RSVP for this free event by Friday, February 17. ☺



Activity level scale

THE FOLLOWING SCALE IS AN APPROXIMATE GUIDE OF THE activity level of a program or trip. The scale is based on the level of activity and physical ability needed to perform that activity.

On the scale, one star is the least demanding and is appropriate for all activity levels and five stars is the most demanding, requiring a high level of physical fitness and mobility.

If you are unsure if a program is right for you, please call senior services at (952) 939-8393.

Activity Scale:

- ★—Passive
- ★★—Moderate
- ★★★—Active
- ★★★★—Brisk
- ★★★★★—Vigorous

Introduction to Calligraphy

LEARN HOW BEAUTIFUL CALLIGRAPHY IS CREATED. BASIC techniques taught with a brief background on lettering styles and calligraphy tools. No experience needed. Materials provided. If enough interest is generated with this workshop, there will be a class offered in March.

Course #24626

Tuesday, February 7, 9:30 a.m.—12 p.m.

Cost: \$20 payable to MSS by Thursday, February 2. ☞

Your life, your story, your legacy

YOUR LIFE STORY AND THOSE OF YOUR ANCESTORS SHAPE the lives of your children and succeeding generations. These precious memories need to be preserved. Jeff Baker, owner of Sagis, will provide ways to select, organize and preserve your stories, photos, family history and heirloom documents. Jeff learned the real value of legacy and began promoting storytelling during the 1990's while he and his wife worked in Ethiopia, a culture steeped in family bonds and oral communication.

This hour-long seminar presents a visual display with over 90 photographs, models and illustrations. It answers six baseline questions about assembling one's legacy and historical information, whether as a scrapbook, a video or hard-bound book. Refreshments will be provided following the presentation.

Course #24627

Wednesday, February 8, 10:30 a.m.

Cost: \$2 payable to MSS by Monday, February 6. ☞

Enjoy lunch and a movie: “Valentine’s Day”

MORE THAN A DOZEN ANGELENOS NAVIGATE Valentine's Day from early morning until midnight. Three couples awake together, but each relationship will sputter; are any worth saving? A grade-school boy wants flowers for his first true love; a TV sports reporter gets the assignment to find romance in LA; a star quarterback contemplates his future; two strangers meet on a plane; grandparents, together for years, face a crisis; and, an “I Hate Valentine's Day” dinner beckons the lonely and the lied to. Can Cupid finish his work by midnight?

Course #24629

Friday, February 17, 12 p.m.

Menu: Lasagna, Caesar salad & dessert.

Cost: \$5 payable to MSS by Wednesday, February 15. ☞

All about black bears

THIS PROGRAM WILL PRESENT THE LATEST INFORMATION about the lives of black bears, focusing on the research and activities of the North American Bear Center in northern Minnesota. Did you know that black bears are shy and so nervous around humans they will send their cubs straight up a tree for safety? Come to watch a video of these appealing creatures as you learn about their daily and yearly lifestyle.

Presenter Jeannie Hanson, teaches and writes about the natural history of northern Minnesota and is a member and instructor for the University of Minnesota's Osher Lifelong Learning Institute.

Course #24630

Monday, March 5, 10:30 a.m.

Cost: \$5 payable to MSS by Thursday, March 1. ☞

Enjoy lunch and a movie: “Leap Year”

A WOMAN WHO HAS AN ELABORATE SCHEME TO PROPOSE to her boyfriend on Leap Day, an Irish tradition which occurs every time the date February 29 rolls around, faces a major setback when bad weather threatens to derail her planned trip to Dublin. Her cross-country odyssey just might result in her getting engaged.

Course #24631

Friday, March 9, 12 p.m.

Menu: Assorted salads, fruit & dessert.

Cost: \$5 payable to MSS by Wednesday, March 7. ☞

St. Patrick's Day party

A DELICIOUS TRADITIONAL IRISH MEAL OF CORNBEEF hash, cabbage, Irish soda bread and dessert. Thank you to Minnetonka Assisted Living for providing the dessert. Enjoy the musical performance of Lyndon Griffin.

Course #24632

Friday, March 16, 12 p.m.

Cost: \$7 payable to MSS by Monday, March 12. ☞

All-you-can-eat fish dinner

E NJOY A SOCIAL OUTING WITH FRIENDS AND A DELICIOUS all you can eat meal of battered cod, fries, coleslaw, biscuits and dessert.

Course #24633

Friday, March 30, 5:30 p.m.

Cost: \$7 payable to MSS by Monday, March 26. ☞

Pickleball

T HIS IS A FUN GAME TO PLAY. IT USES A PLASTIC BALL, A wooden racket slightly larger than a ping pong paddle and is played on a court half the size of a tennis court. There are two courts that are striped onto the basketball court area at the Williston Fitness Center. This is not a league. Rackets are provided for you to try the game. Players are asked to purchase their own racket if they plan to play on a regular basis.

Mondays, Wednesdays and Fridays, Ongoing, 7:30-10 a.m.

Cost: \$4 for non-Williston members. There is no cost for members of Williston and Silver Sneakers. ☞

Senior services thank you

M INNETONKA SENIOR SERVICES WOULD LIKE TO THANK Jerry Kistler for her dedication and volunteer efforts here at the center. Jerry posts new flyers on the bulletin boards, finds and calls volunteers to remind them of when they are working and helps with filing office forms. She does this all with a friendly smile and helpful presence. Thank you Jerry for your volunteer help!

Minnetonka Senior Services would also like to thank Mike Hennessy for coordinating our income tax site again this year. Income tax appointments are available on Monday and Thursday afternoons, please see page three for more information. Mike does a great job of working with our wonderful income tax volunteers and providing a quality service to our participants. In 2011, 420 people were helped with their taxes at our site. Thank you Mike! ☞

Income tax help available

C OMPPLICATED AND TIME-CONSUMING TAX RETURNS WILL not be completed at this site.

The purpose of this income tax site is for simple, basic returns.

Mondays

Call to see if appointments are still available. Appointment times are 12:30, 1:45 & 3 p.m.

- February 13, 27
- March 5, 12, 19, 26
- April 2, 9

Thursdays

Call to see if appointments are still available. Appointment times are 12:30, 1:45 & 3 p.m.

- February 16, 23
- March 1, 8, 15, 22, 29
- April 5, 12

What to bring...

- Copy of last year's return and all necessary documentation
- Income forms: W2, 1099, brokerage statements, etc.
- If itemizing deductions, a summarized list of deductions with supporting documentation
- Rent credit form or property tax statement for 2011
- Any federal and state forms received in the mail
- Economic stimulus letter
- Long-term health insurance premiums paid
- Two forms of ID (one picture ID) — driver's license, passport, Social Security card

Terms of service

- Minnesota residents only
- Age over 60 and low or moderate income
- No self-employed income unless expenses are less than \$5,000
- No farm or rental income
- No business partnerships or corporations
- Simple, basic, uncomplicated returns ☞

Group	Meeting day	Information
Advisory Board	2 nd Tuesday at 10 a.m.	
AA/AI-Anon	Wednesdays at 10:30 a.m.	All ages welcome. New members welcome.
Billiards	Every afternoon - time varies	See calendar page for times.
Bingo	Tuesdays at 12:45 p.m.	
Bird Club	1 st Friday of the month at 10 a.m.	February 3–AI Batt, topic: Bird lore, humor and stories. Reminder: Dues are \$15 per year (January through December)
Book Club	3 rd Thursday of the month at 1 p.m.	February 16–All My Patients Are Under the Bed by Dr. Louis J. Camuti
Social Bridge	Wednesdays at 12:45 p.m.	1 st , 2 nd & 3 rd place and grand slam prizes awarded. New participants welcome.
Bunco	2 nd & 4 th Thursdays at 1 p.m.	Don't know how to play? They will teach you.
Digital Camera	2 nd & 4 th Mondays from 9–11 a.m.	Call (952) 939-8393 to make an appointment.
Duplicate Bridge	Thursdays at 6 p.m.	Partners needed.
Chess	Thursdays at 12 p.m.	If you have general knowledge of chess, join us.
Chorale	Wednesdays at 10 a.m.	New members welcome.
Computer Interests	Friday at 10 a.m. Website: Mtk-Senior-Computer-Group.org	This group examines topics of interest. Experience ranges from beginner to expert.
Craft Committee	1 st Tuesday at 10 a.m.	
Cribbage	1 st & 3 rd Thursday of the month at 10 a.m.	Bring your cribbage boards and a deck of cards.
OLLI Discussion	1 st Wednesday at 7 p.m.	Free-wheeling discussion group.
500 Card Club	2 nd and 4 th Tuesday at 10 a.m.	2 nd and 4 th Wednesday at 6:30 p.m.
Garden Club	2 nd Monday at 1 p.m.	
Great Books	4 th Tuesday at 7:15 p.m.	February 28–The Portrait of a Lady by Henry James
Ham Radio	2 nd Monday at 10 a.m.	New members welcome.
Legal Assistance	2 nd and 4 th Thursdays	Call (952) 939-8393 to make an appointment. See the calendar page for availability.
The Landing Shop	Open Wednesday - Saturday from 10 a.m. to 4 p.m.	The Landing Shop is located at 11280 Wayzata Blvd. Phone (763) 591-4868.
Parkinson's Support	1 st Tuesday at 4 p.m.	New members welcome.
Pickleball	Mondays, Wednesdays & Fridays from 7:30–10 a.m.	Pickleball is a joint effort of MSS and Williston Fitness Center. Cost is \$4 per time, unless you are a member at Williston or have Silver Sneakers.
Poker	1 st and 3 rd Tuesday at 10 a.m.	Join us for a good game of poker.
Scribblers	Thursdays at 10 a.m.	This group writes and shares their short stories, essays or poems, letters and memoirs.
Tonka Tale Tellers	2 nd Monday at 10 a.m.	This group travels to elementary schools within the area to tell and animate stories.
Tale Spinners	Tuesdays at 1 p.m.	This group offers rapport and support for seniors interested in writing memoirs, fiction, etc.
Wood Carvers	Thursdays at 10 a.m.	Group members work independently but also share ideas with one another.

Digital camera questions

DO YOU HAVE QUESTIONS ABOUT HOW TO STORE, SORT, delete and organize your digital pictures on your computer? The second and fourth Monday mornings, by appointment, volunteers to help people on a one-to-one basis improve their skills. Call the office to schedule a time for this free service. 🌀

Leaving for the winter?

IF YOU ARE ON THE SCRIPT MAILING LIST AND ARE GOING to be gone over the winter months, please call us at (952) 939-8393. We will temporarily remove you from the mailing until you let us know when you've returned. 🌀

Play bingo on Tuesdays

PLAY BINGO EVERY TUESDAY AT 12:45 P.M. IN THE GLEN Lake Activity Room.

The cost is five cents per card, per game. Please bring nickels to use. You can have multiple cards if you wish. Twenty games are played. Thank you to George Perry for calling each week. If you would like to occasionally call bingo, please call the office to volunteer. 🌀

Sign up for weekly updates

MINNETONKA SENIOR SERVICES PROVIDES E-MAIL updates about center activities, trips, events and volunteer opportunities. Your e-mail address will not be shared with anyone. If interested, please give us your e-mail address or e-mail Steve Pieh at spieh@eminnetonka.com to receive weekly updates. 🌀

Minnetonka Red Hatters

THE RED HATTERS ARE GATHERING FOR A LUNCHEON ON Wednesday, February 15 at 1 p.m. Lunch will be at the new restaurant, Pittsburgh Blue in the Galleria in Edina. Carpool from the General Store at 12 p.m. For more information or to RSVP call Thelma at (952) 938-0393. 🌀

Volunteer opportunities:

Volunteers needed

- *Script* folding is Tuesday, February 21, 9 a.m. Thank you to Pinnacle Services for providing treats. 🌀

Over 50 and Fit exercise group

THIS EXERCISE GROUP MEETS EVERY MONDAY, Wednesday and Friday from 9-10 a.m. Annual fee of \$12. **Course #23968 ★★☆☆** 🌀

Keeping your feet happy

NURSES FROM THE HAPPY FEET AGENCY ARE AT THE center on the first, second and third Fridays of the month from 9 a.m. - 3 p.m. To make appointments and/or cancellations, call (763) 560-5136. There is a fee of \$33. 🌀

Blood pressure screenings

FREE BLOOD PRESSURE CHECKS ARE AVAILABLE EACH month on the first and third Fridays from 9:30 - 11:30 a.m. and the second Wednesday from 9:30 - 11:30 a.m. 🌀

The services listed below are provided by Senior Community Services (SCS). SCS is a United Way Agency serving residents 55+ of suburban Hennepin County.

Senior outreach available

MARIAN DANIELSON IS A SENIOR OUTREACH WORKER who serves seniors and their family members in the Minnetonka area. If you have questions regarding community services and resources for older adults, caregiving, future planning or personal concerns, call (952) 939-8393 to make an appointment for the second or fourth Tuesday of the month. 🌀

H.O.M.E. services available

HOUSEHOLD AND OUTSIDE MAINTENANCE FOR ELDERLY (H.O.M.E.) for Minnetonka residents aged 60+ has volunteer groups and paid workers available to help with yard clean up, snow removal, window washing, painting, small repair jobs and house cleaning. Tim Morin is the H.O.M.E. services coordinator for Minnetonka. Tim can be reached at (952) 939-8363, Tuesday and Thursday mornings. Hours are subject to change. 🌀

Health insurance counseling

HEALTH INSURANCE COUNSELING APPOINTMENTS CAN BE made for Monday afternoons between 1-3 p.m. by calling (952) 939-8393. This is a free service. 🌀

How to register for classes

Four ways to register

- **Walk-in:** You may register at the senior services desk and pay by cash, check or credit card (Visa, MasterCard and Discover are accepted).
- **Mail-in:** Send registrations to Minnetonka Senior Services, 14600 Minnetonka Blvd, Minnetonka, MN 55345 with your name, address, phone number, name of the class that you are registering for and your payment.
- **By phone:** Registrations are accepted over the phone (952) 939-8393 with a Visa, MasterCard, Discover
- **Online:** For more details call (952) 939-8393.

Classes cannot be pro-rated. You must pre-register and pre-pay for all programs before class, program and/or trip start date. Make checks payable to "Minnetonka Senior Services" (MSS).

Class Cancellation

Cancellation of a class requires at least two full working days before the start date of the class. Some classes may be cancelled due to insufficient enrollment.

Scholarships are available

LIMITED FINANCIAL SCHOLARSHIPS ARE AVAILABLE for Minnetonka residents age 55 and over, for events, classes and one day trips. This is sponsored by Minnetonka Senior Services. Scholarships are kept confidential. To learn more call (952) 939-8393.

Data Privacy Act/Tennessee Warning

YOUR NAME, ADDRESS, TELEPHONE NUMBER, AND OTHER identifying information are private and cannot be given to the general public. We need this information to enroll you in the program/trips and to be able to contact you if necessary. If you do not provide the information, the participant may not be able to enroll in the requested program. This information will be provided to the instructors of any class you are enrolled in and to recreation personnel who have a need to know it.

Minnesota Tort Claims Act

UNDER MINNESOTA LAW, MINNETONKA IS NOT LIABLE FOR injuries related to the operations and maintenance of facilities used for the provision of recreation programs. Minnetonka Senior Service programs are available to residents and non-residents of Minnetonka. This agency is not responsible for injuries sustained by participating in these programs.

Yoga — Nancy Holasek

THESE GENTLE YOGA CLASSES ARE GEARED TOWARD THE older adult with lots of stretching and warm-ups.

Chair Supported Yoga:

Most of the class is done while seated on a chair. Some standing and balance postures are done, using the chair as a prop or support if necessary.

Intermediate Yoga Class:

This class includes standing and balance postures. Students should have the ability to get down to and up from the floor for postures completed while on the belly or backside of the body. Many seated postures are also done on the floor. *Please bring a yoga mat or towel to class.*

Course	Day	Level	Date	Time	Fee
23952	T		February 7-28		\$15
23954	TH	Beg.	February 2-23	9:45-	\$15
23958	T	★★	March 6-27	10:45 a.m	\$15
23960	TH		March 8-29		\$15
Course	Day	Level	Date	Time	Fee
23955	T		February 7-28		\$15
23957	TH	Int.	February 2-23	11 a.m.-	\$15
23961	T	★★★	March 6-27	12 p.m.	\$15
23963	TH		March 8-29		\$15

Evening Yoga — Nancy Holasek

THE EVENING YOGA CLASSES HAVE THE SAME descriptions as the daytime classes listed above.

Course	Day	Level	Date	Time	Fee
23953		Beg.	February 8-29	6:15-	\$15
23959	W	★★	March 7-28	7:15 p.m	\$15
Course	Day	Level	Date	Time	Fee
23956		Int.	February 8-29	7:30-	\$15
23962	W	★★★	March 7-28	8:30 p.m.	\$15

Famous trials: world and American — Tom Schmid

THIS CLASS WILL EXAMINE A SERIES OF TRIALS, WORLD and American ranging from the sixteenth to the twentieth century. These trials were significant in their time and provide lessons for the present.

Course	Day	Date	Time	Fee
24999	T	February 14-March 20	1-3 p.m.	\$36

Zumba Gold—Jan Gamble

ZUMBA GOLD IS A DANCE FITNESS CLASS WHICH USES THE exciting Latin and international dance rhythms of the original Zumba class and modifies them for beginner participants and others who may desire a less intense, low impact workout. Using dance and fitness moves you will experience a complete body workout while learning the basic steps to salsa, meringue, cha-cha and other rhythms. No dance experience is necessary. Comfortable clothing and workout shoes are recommended. Bring water, you will sweat! ★★★

Course	Day	Date	Time	Fee
23934	M	March 5-April 9	1-2 p.m.	\$30

Line dance—Annette Fragale

LEARN TO “HITCH” AND “VINE” AND DANCE IN A LINE TO A variety of upbeat music. Some line dance experience preferred for beginning level course. For those who have had 50 previous lessons which is required for intermediates course, you will be reviewing many of the line dances you have learned over the years.

Course	Day	Lvl	Date	Time	Fee
23940	TH	Beg. ★★	February 9-March 29	12:30-1:30 p.m.	\$40
23941		Int. ★★★		1:45 –2:45 p.m.	\$40

British History—Terry Kubista

TRIFLE IS A BRITISH DESSERT MADE BY MIXING FRUIT, cake, whipped cream and other secret ingredients together to yield a delicious concoction. This quarter we are mixing “places to go” with “people to meet” and “conflicts of interest.” This interesting mix will yield a new “taste” of British history.

Part II – Conflicts of interest

- Wars of the Roses, Agincourt, Culloden and Hastings

Part III – People you should meet

- Cardinal Reginald Pole, Benjamin Disraeli/William Gladstone, William Cecil, Cecil Rhodes and T.E. Lawrence

Course	Day	Part	Date	Time	Fee
23936	TH	II	February 2-23	1-3 p.m.	\$25
23937		III	March 1-29		\$30

Introduction Watercolor—Jennifer

THIS CLASS IS FOR THOSE WHO HAVE NEVER PAINTED BUT always wanted to try it. We will focus on key techniques and basic tools in a relaxed step-by-step process. No experience necessary. A list of supplies will be provided at the time of registration.

Course	Day	Lvl	Date	Time	Fee
24635	T	Beg.	February 7- 28	10-11:30 a.m.	\$36

Watercolor Painting—Jennifer

LET'S PAINT A PICTURE TOGETHER. STEP BY STEP WE WILL work together to complete a watercolor painting while building on key techniques and ideas. A list of supplies will be provided at the time of registration.

Course	Day	Lvl	Date	Time	Fee
24636	W	Int.	February 8- 29	1-2:30 p.m.	\$36

Drawing exploration –Gin Weidenfeller

LEARN SOME “HOW TO” METHODS TO STIMULATE DRAWING fun. Explore contour, gestural and textural line drawing methods. Transform shapes, ellipses, shading and perspective to create 3-D drawings. Explore a variety of drawing materials: graphite, colored pencils, charcoal pencils, brush/tempera paint. Create a portfolio of drawings. View drawing examples from major artists for inspiration. Materials will be provided.

Course	Day	Date	Time	Fee
23965	W	February 15 & 22	1-2:30 p.m.	\$40

Painting studies with watercolor and gouache –Gin Weidenfeller

MIX AND BLEND WATERCOLOR AND GOUACHE PAINTS TO create color combinations, color wheel and color schemes. Learn brush strokes, wash, glazing, dry brush methods, resist, and paper and brush selection. Explore painting styles such as realism and abstraction. Paint studies of a simple still life, nature object or landscape. View examples from major artists for inspiration. Materials will be provided.

Course	Day	Date	Time	Fee
23966	W	March 14 & 21	1-2:30 p.m.	\$40

Waving the bigger American flag: Immigration in Minnesota & Beyond—*Dick Sadler*

MINNESOTA AND THE NATION HAVE HISTORICALLY experienced large numbers of immigrants, people with dreams of owning land, of escaping poverty through new jobs or study, of living beyond the harsh political injustices in their homeland. We will study the League of Women Voters' *Immigration in Minnesota* booklet as well as other resources to learn of challenges and opportunities presented by new arrivals. Coffee, DVDs and discussion, all hot, included. This class meets every other Wednesday. ☺

Course	Day	Date	Time	Fee
23939	W	March 28-May 23	10-12 p.m.	\$25

Trip reservation information

- To register, call (952) 939-8393
- Office hours are Monday through Friday, 8 a.m. – 4:30 p.m. Each caller can reserve up to four spaces on a trip.
- Payment is due at the time of registration: Checks payable to "Minnetonka Senior Services." Minnetonka Senior Services, 14600 Minnetonka Boulevard, Minnetonka, MN 55345. Visa, MasterCard and Discover are accepted.
- Listed bus/van pickup locations and times are tentative depending on actual registration. Registrants will be notified only if changes are necessary.
- **Trip cancellation policy:** Refunds, minus a \$5 administration cost, can only be given if you cancel before the payment deadline. If a cancellation is made after the payment deadline, the participant is refunded/credited for everything but \$5 only if a replacement is found.

Tips for registering for tours and adventures

- Call before you send in your money to make sure space is available.
- Popular trips can fill up on the first day of registration that is published in the newsletter each month. Call early for those trips that you don't want to miss.
- Please note that trips are subject to change. ☺

Trips available for registration are located in the next column:

Sea life at the Mall of America

DISCOVER THE NEW SEA LIFE MINNESOTA AQUARIUM at the Mall of America. SEA LIFE is the largest underground aquarium in the world. It provides close encounters with a vast array of creatures. Following the aquarium lunch will be served at Bubba Gump Shrimp Co. Menu includes traditional fish and chips, coleslaw and beverage. Chicken fingers can be substituted for fish, please give your preference at the time of registration. After lunch take time to shop.

Course #24994

Thursday, February 23

Cost: \$55 includes tour, lunch, transportation & escort.

Pick-up time: 9:45 a.m.

Estimated Return time: 2 p.m.

Registration Deadline: Friday, February 10. ☺

Minneapolis mobster tour

VENTURE THROUGH THE CRIME-LADEN PAST OF Minneapolis with a two-bit costumed gangster as your tour guide. See sites of illegal activity during the 1920's and 1930's. Following the tour, enjoy lunch at the Old Spaghetti Factory. Menu includes chicken parmesan (sauteed boneless breast of chicken topped with melted cheese and tomato sauce), served with spaghetti marinara, salad, bread, beverage and dessert.

Course #24638

Friday, March 9

Cost: \$58 includes guided tour, lunch, transportation & escort.

Pick-up time: 10 a.m.

Estimated Return time: 2:30 p.m.

Registration Deadline: Friday, February 24. ☺

Tour of Northfield, MN

ENJOY A GUIDED TOUR OF NORTHFIELD, MINNESOTA. Drive through Carleton College and St. Olaf College. Following the tour, enjoy lunch at The Kings' Room on the campus of St. Olaf. After lunch, shop the downtown area along Division Street then tour the Northfield Historical Society Museum.

Course #24995

Tuesday, April 17

Cost: \$50 includes guided tour, lunch, transportation & escort.

Pick-up time: 8:45 a.m.

Estimated Return time: 4:15 p.m.

Registration Deadline: Friday, March 23. ☺

Summer trip registration is Monday, March 5 at 8:30 a.m. Non-Minnetonka residents can register on Tuesday, March 6. Please see next column for trips.

Military Museum of MN

TOUR MINNESOTA'S MILITARY HISTORY MUSEUM. GAIN A glimpse into what life was like for those who served. Lunch will be provided at the Mess Hall located on base. Menu includes soup, sandwich, beverage and dessert. Following lunch enjoy a guided riding tour of Camp Ripley. Camp Ripley has 53,000 acres and serves as a world-class training center for all branches and components of service. Tour will end with a stop at the Environmental Room to see how the camp preserves its natural and cultural resources.

Course #24996

Thursday, May 10

Cost: \$54 includes museum, guided tour, lunch, transportation & escort.

Pick-up time: 7:45 a.m.

Estimated Return time: 4:30 p.m.

Registration Deadline: Friday, April 20. ☺

Art grant trip available

THE TRIP LISTED BELOW IS TO A LOCAL ART VENUE WHICH has been made possible in part by a grant provided by the Minnesota State Arts board, through an appropriation by the Minnesota State Legislature from the Minnesota arts and cultural heritage fund with money from the vote of the people of Minnesota on November 4, 2008. ☺

MN Opera at the Ordway

YUNAH LEE WILL GRACE THE MINNESOTA OPERA STAGE AS the tragic heroine, Butterfly. Seduced by the handsome American naval officer Pinkerton, the young geisha falls deeply in love. But his betrayal leads to one of opera's most heartrending conclusions. Minnesota Opera's celebrated production evokes the beauty and romance of Puccini's gorgeous, unforgettable classic.

Course #24997

Sunday, April 22

Cost: \$10 includes ticket, transportation & escort.

Pick-up time: 1:15 p.m.

Estimated Return time: 5:15 p.m.

Registration Deadline: Thursday, April 19. ☺

Extended trips

FOR FURTHER INFORMATION ON THE EXTENDED TRIPS listed below, call Senior Community Services at (952) 541-1019 or visit www.seniorcommunity.org and click on Travel-Extended Tours. Otherwise stop by the center to pick up a brochure.

Gone to Texas

February 10–24

Cost is \$1,850 per person, double occupancy. ☺

Arizona

February 15–March 1

Cost is \$2,200 per person, double occupancy. ☺

New Orleans

March 18–26

Cost is \$1,375 per person, double occupancy. ☺

Washington DC & New York City

April 12–22

Cost is \$1,825 per person, double occupancy. ☺

Yellowstone

June 20–26

Cost is \$1,250 per person, double occupancy. ☺

The Black Hills & Medora

June 28–July 2

Cost is \$625 per person, double occupancy. ☺

Defensive driving classes offered

PLEASE CALL THE MN HIGHWAY SAFETY CENTER, TOLL free at 1-888-234-1294, Monday–Friday from 8 a.m. to 4 p.m. to register or visit their website at www.mnsafetycenter.org for all defensive driving classes.

If you are an AAA member you can save \$3 off of your defensive driving course by providing your member number and expiration date.

Four-hour renewal day course:

- Thursday, February 23, 9 a.m.–1 p.m. Cost: \$20
- Tuesday, March 6, 9 a.m.–1 p.m. Cost: \$20

Four-hour renewal evening course:

- Thursday, March 22, 6–10 p.m. Cost: \$20

Save 10% on your car insurance by taking these classes! ☺

Wheelchair wanted

MINNETONKA SENIOR SERVICES NEEDS A WHEELCHAIR in good working order. If you have a wheelchair that you would like to donate to the senior center, please contact Steve Pieh at spieh@eminnetonka.com or by phone at (952) 939-8366. ☺

Evening family winter hike

ENJOY A HIKE UNDER THE FULL MOON FROM THE Minnetonka Community Center to Jidana Park. Walk on the Minnehaha Creek and roast hot dogs and s'mores around the campfire.

Course #24295

Saturday, February 4, 5:30 p.m.

Cost: \$4 payable to recreation services. To register call (952) 939-8203 or stop by recreation services front desk.

State of the City event is Feb. 29

YOU'RE INVITED TO THE 2011 STATE OF THE CITY EVENT Wednesday, February 29, from 7:30 – 9 a.m. at the Minnetonka Community Center, 14600 Minnetonka Boulevard, Minnetonka. A continental breakfast will be served. Please RSVP to Karen Telega at ktelega@eminnetonka.com or (952) 939-8211.

Attention exercise participants, there will be no exercise Wednesday, February 29 due to this event.

Health care directives day

LOCAL VOLUNTEER ATTORNEYS, A MEDICAL PERSPECTIVE and social workers will provide free help to complete your notarized health care directive. Learn why having a properly signed directive is important. Leave with a free and completed directive.

Course #24998

Monday, April 16, 1 p.m.

Call to register for this free event at (952) 939-8393.

The Landing Shop

- The Landing Shop is located at 11280 Wayzata Boulevard, at the northwest corner of I-394 and Hopkins Crossroad/Cty. Rd. 73 in Westridge Market. The shop is located to the left of Dick's Sporting Goods.
- Browse for handmade items such as books by local authors, paintings, doll items, kitchen items, afghans & quilts, jewelry, cards, wood toys and much more!
- The shop is open Wednesdays through Saturdays, 10 a.m. to 4 p.m. Phone: (763) 591-4868.



Kids' Fest is February 12

HOPKINS-MINNETONKA RECREATION SERVICES HOSTS Kids' Fest Sunday, February 12, from 1 to 5 p.m. at the Minnetonka Civic Center Campus, 14600 Minnetonka Boulevard, Minnetonka.

All activities are free and include dog sled rides, bingo with prizes, magic shows, face painting, ice sculpture demonstrations, s'mores by the fire, crafts, entertainment, open swimming, open batting cages, open skating and more.

Please bring canned goods to help area families in need. Collections will be received at the Minnetonka Community Center.

For ease of parking, a free van shuttle will run every 15 minutes among the three facilities at which activities take place: the Minnetonka Community Center, the Ice Arena and Williston Fitness Center, located at 14509 Williston Drive, Minnetonka. Visitors may park at any of these facilities for the afternoon.

For more information visit www.eminnetonka.com or call (952) 939-8203.

Alzheimer's caregivers

THE GLENN BY ST. THERESE SOUTHWEST WILL BE providing a free four-part documentary series entitled "The Alzheimer's Project." Join them Thursday evenings starting February 2 at 6:30 p.m.

- **Thursday, February 2, 6:30 p.m.** The first of the four documentaries in "The Alzheimer's Project" is *The Memory Loss Tapes*, which provides an up-close and personal look at seven individuals living with Alzheimer's, across the full spectrum of the progression of the disease.
- **Thursday, February 9 & 16, 6:30 p.m.** *Momentum in Science*, is a two-part state-of-the-science film that takes viewers inside the laboratories and clinics of 25 leading scientists and physicians, revealing some of the most cutting edge research advances.
- **Thursday, February 23, 6:30 p.m.** *Caregivers*, highlights the sacrifices and successes of people who experience their loved one's descent into dementia.

Following the documentaries each week there will be discussion and opportunity to connect with other caregivers affected by this irreversible and progressive disease. Please RSVP for this free series by calling (952) 345-4404 or by e-mail to lamendt@greatlakesmc.com.

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Exercise 9:00 Chorale 10:00 Mah Jongg 10:00 A.A./Al-Anon 10:30 Social Bridge 12:45 Billiards 1:00 OLLI 7:00	2 Yoga 9:45 Carvers 10:00 Cribbage 10:00 Scribblers 10:00 Int. Yoga 11:00 Chess 12:00 British History 1:00 Billiards 1:00 Duplicate Bridge 6:00	3 Exercise 9:00 Happy Feet 9:00 Blood Pressure 9:30 Bird Club 10:00 Computer 10:00 Billiards 1:00 Oil Painting 1:00
6 Exercise 9:00 Art Drop In 9:00 Tai Chi Chih 10:00/11:30 Health Insurance 1:00 Zumba Gold 1:00 Billiards 2:30	7 Intro to Calligraphy 9:30 Yoga 9:45 Craft Committee 10:00 Poker Club 10:00 Beg. Watercolor 10:00 Int. Yoga 11:00 Bingo 12:45 Tale Spinners 1:00 Billiards 1:00 Parkinson's Support 4:00	8 Exercise 9:00 Blood Pressure 9:30 History-Am. Flag 10:00 Chorale 10:00 Mah Jongg 10:00 Legacy Program 10:30 A.A./Al-Anon 10:30 Social Bridge 12:45 Watercolor 1:00 Billiards 1:00 Yoga 6:15 500 Cards 6:30 Int. Yoga 7:30	9 Yoga 9:45 Carvers 10:00 Scribblers 10:00 Legal Counsel 10:00 Int. Yoga 11:00 Chess 12:00 Beg. Line Dance 12:30 Bunco 1:00 British History 1:00 Int. Line Dance 1:45 Billiards 3:00 Duplicate Bridge 6:00	10 Exercise 9:00 Happy Feet 9:00 Computer 10:00 Billiards 1:00 Oil Painting 1:00
13 Exercise 9:00 Art Drop In 9:00 Digital Camera 9:00 Ham Radio 10:00 Tonka Tale Tellers 10:00 Tai Chi Chih 10:00/11:30 Garden Club 1:00 Zumba Gold 1:00 Billiards 2:30	14 Yoga 9:45 500 Cards 10:00 Advisory Board 10:00 Beg. Watercolor 10:00 Int. Yoga 11:00 Bingo 12:45 Tale Spinners 1:00 Senior Outreach 1:00 Billiards 1:00	15 Exercise 9:00 Chorale 10:00 Mah Jongg 10:00 A.A./Al-Anon 10:30 Social Bridge 12:45 Watercolor 1:00 Drawing Exploration 1:00 Billiards 1:00 Yoga 6:15 Int. Yoga 7:30	16 Yoga 9:45 Carvers 10:00 Scribblers 10:00 Cribbage 10:00 Int. Yoga 11:00 Chess 12:00 Valentine's Party 12:00 Beg. Line Dance 12:30 British History 1:00 Book Club 1:00 Int. Line Dance 1:45 Billiards 3:00 Duplicate Bridge 6:00	17 Exercise 9:00 Happy Feet 9:00 Blood Pressure 9:30 Computer 10:00 Lunch & Movie 12:00 Billiards 1:00 Oil Painting 1:00
20 Center Closed in Observance of Presidents' Day	21 Script Folding 9:00 Yoga 9:45 Poker Club 10:00 Beg. Watercolor 10:00 Int. Yoga 11:00 Bingo 12:45 Tale Spinners 1:00 Billiards 1:00	22 Exercise 9:00 Chorale 10:00 History-Am. Flag 10:00 Mah Jongg 10:00 "What If?" Vision 10:30 A.A./Al-Anon 10:30 Social Bridge 12:45 Watercolor 1:00 Drawing Exploration 1:00 Billiards 1:00 Yoga 6:15 500 Cards 6:30 Int. Yoga 7:30	23 Defensive Driving 9:00 Sea Life Trip 9:45 Yoga 9:45 Carvers 10:00 Scribblers 10:00 Legal Counsel 10:00 Int. Yoga 11:00 Chess 12:00 Beg. Line Dance 12:30 Bunco 1:00 British History 1:00 Int. Line Dance 1:45 Billiards 3:00 Duplicate Bridge 6:00	24 Exercise 9:00 Computer 10:00 Billiards 1:00 Oil Painting 1:00
27 Exercise 9:00 Art Drop In 9:00 Digital Camera 9:00 Tai Chi Chih 10:00/11:30 Zumba Gold 1:00 Billiards 2:30	28 Yoga 9:45 500 Cards 10:00 Beg. Watercolor 10:00 Int. Yoga 11:00 Bingo 12:45 Billiards 1:00 Tale Spinners 1:00 Senior Outreach 1:00 Great Books 7:15	29 State of the City 7:30 Chorale 10:00 Mah Jongg 10:00 A.A./Al-Anon 10:30 Social Bridge 12:45 Watercolor 1:00 Billiards 1:00 Yoga 6:15 Int. Yoga 7:30		

Minnetonka Recreation Services
14600 Minnetonka Blvd.
Minnetonka, MN 55345

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About the Script...

Editor: Nicole Gorman

The *Minnetonka Script* is published monthly by Minnetonka Recreation Services for Minnetonka residents age 55+. Programs are sponsored by the city of Minnetonka.

The *Script* is mailed free of charge to residents of Minnetonka. The subscription rate for non-residents is \$10. Free newsletters are located in the display case and in city hall. Call (952) 939-8393 to add your name to the mailing list. You may also view the *Script* online at www.eminnetonka.com.

Our mission...

To develop and promote programs and services in our community to meet the diverse needs of those 55+.

Contact us...

Minnetonka Senior Services
14600 Minnetonka Blvd., Minnetonka, MN 55345

Community center hours are Monday – Friday, 8 a.m. – 4:30 p.m.

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City phone numbers

City Hall 952-939-8200

Non-Emergency Police 952-939-8500

Williston Center 952-939-8370

Public Works 952-988-8400

