

Minnetonka Script

14600 Minnetonka Boulevard, Minnetonka, MN 55345
(952) 939-8393 • on the web at www.eminnetonka.com

June/July 2011

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*The Minnetonka
Community Center
will be closed July
4 in observance of
Independence Day.*



Our mission...

To develop and promote programs and services in our community to meet the diverse needs of those 55+.

Finally, summer is here!

Summer grill out is June 20

ENJOY BRATWURSTS ON THE GRILL WITH CHIPS, BEANS, WATERMELON AND DESSERT. Dessert is provided courtesy of Seniors Helping Seniors.

Course #22506

Monday, June 20, 12 p.m.

Cost: \$5 payable to MSS by Wednesday, June 15. ☺☺

Summer Festival set for June 25

SUPPORT MINNETONKA SENIOR SERVICES BY STOPPING AT OUR CONCESSION STAND during the Summer Festival. The stand offers hamburgers, hot dogs, pork chops on a stick and beverages. Volunteers are needed during the afternoon and evening. If you are interested, please call (952) 939-8393 to sign up for a shift. This is a fun community event and our traditional yearly fundraiser to support center programs and activities.

Also, check out handmade craft items by Minnetonka seniors from The Landing Shop at the Burwell Art Fair from 10 a.m. to 4 p.m.

Saturday, June 25, 4-10 p.m.

For more information visit www.eminnetonka.com or call (952) 939-8393. ☺☺

Farmers Market starts July 5

THE MINNETONKA FARMERS' MARKET RETURNS TUESDAY, JULY 5, FROM 3 TO 7 P.M. with more than 30 vendors offering a variety of products. The market takes place every Tuesday through September 27 at the Minnetonka Ice Arena B parking lot, 14600 Minnetonka Boulevard. See the July *Minnetonka Memo* or visit www.eminnetonka.com for a complete list of vendors and activities. Handicapped parking is available in the parking lot near the Ice Arena B entrance. If you park further away, you may always leave your items at the information booth and drive down to pick them up.

Summer celebration picnic is July 14

ENJOY THE COMPANY OF FRIENDS AND GOOD FOOD AT THE SUMMER CELEBRATION picnic. Menu items include hamburgers on the grill along with beans, chips, fruit and dessert. Thank you to The Glenn by St. Therese Southwest for providing the dessert.

Course #22507

Thursday, July 14, 12 p.m.

Cost: \$5 payable to MSS Monday, July 11. ☺☺

Activity level scale

THE FOLLOWING SCALE IS AN APPROXIMATE GUIDE OF THE activity level of a program or trip. The scale is based on the level of activity and physical ability needed to perform that activity.

On the scale, one star is the least demanding and is appropriate for all activity levels and five stars is the most demanding, requiring a high level of physical fitness and mobility.

If you are unsure if a program is right for you, please call senior services at (952) 939-8393.

Activity Scale:

- ★—Passive
- ★★—Moderate
- ★★★—Active
- ★★★★—Brisk
- ★★★★★—Vigorous

Enjoy lunch and a movie: “Life as We Know It”

Caterer Holly Berenson (Katherine Heigl) and network sports director Eric Messer (Josh Duhamel) discover a reciprocal hatred during an ill-fated first date—but are forced to put their feelings aside when their mutual friends die and they become the guardians for orphaned Sophie. Now, Holly and Eric must learn to live with each other and juggle their promising careers while taking care of the little girl in this romantic comedy.

Course #22508

Friday, June 3, 12 p.m.

Menu: Assorted Cousin Subs, chips, fruit and a cookie.

Cost: \$5 payable to MSS by Wednesday, June 1. ☞

Enjoy lunch and a movie with your grandchildren: “Tangled”

Disney animators take on the classic Grimm Brothers story of Rapunzel (Mandy Moore), a long-locked beauty imprisoned in a secluded tower by evil hag Mother Gothel (Donna Murphy), who needs the rejuvenating powers of Rapunzel’s tresses to remain young. When a bandit on the lam (Zachary Levi) helps Rapunzel escape, the old crone plots to recapture her and end her budding romance with the thief in this Golden Globe nominee for Best Animated Feature. Grandchildren are welcome.

Course #22509

Friday, July 8, 12 p.m.

Menu: Corn dogs, macaroni & cheese and dessert.

Cost: \$5 for seniors, \$3 for grandchildren; payable to MSS by Wednesday, July 6. ☞

Community Connections

MINNETONKA’S PUBLIC WORKS OPERATIONS MANAGER, Tom Struve, will be our guest for the June Community Connections event. Dean Elstad, the city’s recycling and trails coordinator, will connect in July. If you have questions about street maintenance or recycling and trails, now is the time to get answers! Coffee will be provided.

Course #22513 & 22514

Wednesday, June 15 & Wednesday, July 13, 10:15 a.m.

Please RSVP by Monday, June 13. ☞

Health and wellness classes

INNA SICARD, CERTIFIED MASSAGE THERAPIST AND published author and lecturer, has a holistic view of wellness and believes that restoring health requires the entire person to be treated, not just a specific problem, malady, or disease. She uses and teaches techniques for natural healing using massage, pressure points, and exercise.

In the East where she was educated, these natural healing methods are primary treatments.

- **Stretching techniques:** Wednesday, June 1, 10:30 a.m. to 12 p.m. Why does it feel so good when you stretch? If you improve body flexibility can you get rid of pain? Is it possible to breathe better by doing stretching exercises? Come to this class and you will have all the answers.

Course #22494

- **Back Pain Relief:** Monday, June 27, 10:30 a.m. to 12 p.m. Do you suffer from back pain? Come to this class to learn ways in which you can treat yourself and others by using exercises, massage therapy and some unique methods. Give yourself a gift of relief. **Course #22495**

Each class has a cost of \$5 payable two days prior to the program date. ☞

Keeping your joints happy

DR. ASHLEY ELMER, D.C. WILL PRESENT THE VARIOUS types of arthritis and will focus on osteoarthritis which is the most common type. The diagnostic process as well as treatment options currently available and self-care strategies for coping with arthritis will be discussed. The information for this presentation comes from the Institute of Lifestyle Medicine through the Harvard Medical School.

Course #22515

Wednesday, August 10, 10:30 a.m.

Cost: \$2 payable to MSS by Monday, August 8. ☞

Hikes through Minnetonka

JOIN THE MINNETONKA SENIOR CENTER ON MONTHLY hikes from 9–10 a.m. at one of Minnetonka's parks and/or trails.

These are free two-mile hikes. Please make sure to bring your own water and to meet at the designated park listed below. Maps are available at the senior center front desk.

- *Minnetonka High School*: Tuesday, June 21. Park at Kingswood Terrace and Vine Hill Road.
- *Guilliam Field*: Wednesday, July 13. Park at the girls softball field.

Defensive driving classes offered

PLEASE CALL THE MN HIGHWAY SAFETY CENTER, TOLL free at 1-888-234-1294, Monday–Friday from 8 a.m. to 4 p.m. to register or visit their website at www.mnsafetycenter.org for all defensive driving classes. You will pay the instructor at the time of the class using a check or exact cash. Checks payable to: MN Highway Safety Center. Sign up early for these classes.

If you are an AAA member you can save \$3 off of your defensive driving course by providing your member number and expiration date.

Four-hour renewal day course:

All four-hour renewal day classes are held from 9 a.m.–1 p.m. Cost for the class is \$20. No lunches are served. To register call 1-888-234-1294.

- *Thursday, June 2*
- *Tuesday, June 14*
- *Thursday, July 28*

Four-hour renewal evening course:

All four-hour renewal evening classes are held from 6–10 p.m. Cost for the class is \$20. To register call 1-888-234-1294.

- *Tuesday, July 12*

Save 10% on your car insurance by taking these classes! ☺

Late bloomer plant sale

THE MINNETONKA SENIOR CENTER GARDEN CLUB WILL sell perennials they have grown, to benefit the Minnetonka Senior Center. The garden club will have a booth at the Minnetonka Farmers' Market on Tuesday, August 23 & 30, 2011 from 3–7 p.m.

All plants will be donated by members of the club and some of the proceeds will be donated to the center. ☺

Theater in the Park

EVERYONE IS INVITED TO ATTEND A FREE PERFORMANCE of *Rugrats - A Live Adventure* at the beautiful amphitheater on the Minnetonka Civic Center campus

Rugrats, Nickelodeon's classic hit animated series is now a live stage show! Join Tommy, our one-year old hero, and his friends, Chuckie, Phil & Lil and his cousin Angelica as they show us the world as a baby views and understands it. The *Rugrats*' world is one that exists below our knees; here mundane things and events turn into grand, comic adventures! Songs include: *Rugrats*, *A Great Idea Can Change the World*, *Shine Your Light*, and *Everybody Say!*

Don't miss this fun-filled musical adventure. Bring along a blanket or lawn chair and enjoy wonderful free entertainment for the whole family.

Performance dates and times listed below:

- Tuesday, June 14 at 11 a.m. & 7 p.m.
- Wednesday, June 15 at 11 a.m.
- Thursday, June 16 at 11 a.m. . ☺

Caregiving: a roadmap to success

MINNETONKA SENIOR SERVICES IN COLLABORATION with the Senior Advisory Board and the Community Needs and Issues Group will be hosting a caregiving expo Saturday, September 10. Save the date and bring a friend to learn about resources available within the community. Speakers include Warren Wolf, Jan Malcolm, Annette Sandler and Kimberlee Bluhm. These speakers will present on a variety of topics and an exhibit hall will follow the presentations.

Fall Fitness Fest planned

MINNETONKA SENIOR SERVICES, IN PARTNERSHIP WITH the Plymouth Creek Center and Senior Community Services, will offer Fall Fitness Fest September 13 & 14. This two-day program promotes fitness in people age 55 and above. For more information, please stop by the center. ☺

Book and pie sale is October 5

MINNETONKA SENIOR SERVICES, IN CONJUNCTION WITH the Senior Advisory Board, will host its annual book sale Wednesday, October 5, from 12–6 p.m. Drop off collection will be held Monday and Tuesday, October 3 and 4 from 9 a.m. to 3 p.m. Look for more details on this event in the August *Script*. Start saving your books. ☺

Group	Meeting day	Information
Advisory Board	2 nd Tuesday at 10 a.m.	
AA/AI-Anon	Wednesdays at 10:30 a.m.	All ages welcome. New members welcome.
Billiards	Every afternoon - time varies	See calendar page for times.
12-15 Mile Bike Club	Tuesdays & Thursdays at 9 a.m.	See page 5 for more details.
Bingo	Tuesdays at 12:45 p.m.	
Bird Club	1 st Friday of the month at 10 a.m.	The bird club will not be meeting during the months of June–August.
Book Club	3 rd Thursday of the month at 1 p.m.	The book club will not be meeting during the months of June–August.
Social Bridge	Wednesdays at 1 p.m.	Please call (952) 939-8393 to reserve a spot.
Bunco	2 nd & 4 th Thursdays at 1 p.m.	Don't know how to play? They will teach you.
Digital Camera	Mondays from 9–11 a.m.	Call (952) 939-8393 to make an appointment.
Duplicate Bridge	Thursdays at 6 p.m.	Partners needed.
Chess	Thursdays at 12 p.m.	If you have general knowledge of chess, join us.
Chorale	Wednesdays at 10 a.m.	The chorale group will not be meeting during the months of June–August.
Community Needs & Interests Group	3 rd Wednesday at 1 p.m.	New members welcome.
Computer Interests	Friday at 10 a.m. Website: Mtk-Senior-Computer-Group.org	This group examines topics of interest. Experience ranges from beginner to expert.
Craft Committee	1 st Tuesday at 10 a.m.	
Cribbage	1 st Thursday of the month at 10 a.m.	Bring your cribbage boards and a deck of cards.
OLLI Discussion	1 st Wednesday at 7 p.m.	Free-wheeling discussion group.
500 Card Club	2 nd and 4 th Tuesday at 10 a.m.	2 nd and 4 th Wednesday at 6:30 p.m.
Garden Club	2 nd Monday at 1 p.m.	
Great Books	4 th Tuesday at 7:15 p.m.	The great books club will not be meeting during the months of June–August.
Ham Radio	2 nd Monday at 10 a.m.	New members welcome.
Legal Assistance	2 nd and 4 th Thursdays	No appointments available June–August.
The Landing Shop	Open Wednesday - Saturday from 10 a.m. to 4 p.m.	See page 9 for more information.
Parkinson's Support	1 st Tuesday at 4 p.m.	New members welcome.
Poker	1 st and 3 rd Tuesday at 10 a.m.	Join us for a new poker club.
Scribblers	Thursdays at 10 a.m.	Scribblers will not be meeting during the months of June–August.
Senior Singles	2 nd Wednesday at 11:30 a.m.	New members welcome
Tonka Tale Tellers	2 nd Monday at 10 a.m.	The Tonka Tale Tellers will not be meeting during the months of June–August.
Tale Spinners	Tuesdays at 1 p.m.	The tale spinners will not be meeting during the months of June–August.
Wood Carvers	Thursdays at 10 a.m.	Group members work independently but also share ideas with one another.

Bike club: Tuesdays, Thursdays

COME AND EXPLORE MANY NEW TRAILS IN OUR CITY AND state. This club rides twice a week on Tuesdays and Thursdays on 58 different trails. There is a \$5 annual registration fee. Please call (952) 939-8393 for more information. ★★★

Managing your digital photos

DO YOU HAVE QUESTIONS ABOUT HOW TO STORE, SORT, delete and organize digital pictures on your computer? Every Monday morning, by appointment, Glen volunteers to help people on a one-to-one basis improve their skills. Call the office to schedule a time for this free service.

Over 50 and Fit exercise group

THIS EXERCISE GROUP MEETS EVERY MONDAY, Wednesday and Friday from 9–10 a.m. There is a yearly fee of \$12 to participate. ★★★

Volunteers needed

- *Script* folding is Tuesday, July 19, 9 a.m. Thank you to Pinnacle Services for providing treats for the volunteers.
- Volunteers are needed for monthly parties and other special events. Volunteers eat for free.

Sign up for weekly updates

MINNETONKA SENIOR SERVICES PROVIDES E-MAIL updates about activities, trips, events and volunteer opportunities. Your e-mail address will not be shared with anyone. If interested, please e-mail Nicole Gorman at ngorman@eminnetonka.com to receive weekly updates.

70+ softball league

SLOW-PITCH SOFTBALL IS PLAYED EVERY MONDAY AND Wednesday mornings at Big Willow Park. Modified rules allow for competitive play without the risk of serious injury. The season runs through October. Registration will be accepted throughout the season.

Course #21254

Mondays and Wednesdays, through October from 9 a.m.-12 p.m. Cost is \$15 payable to MSS.

Keeping your feet happy

NURSES FROM THE HAPPY FEET AGENCY ARE AT THE center on the first, second and third Fridays of the month from 9 a.m.–3 p.m. To make appointments and/or cancellations, call (763) 560-5136. There is a fee of \$33.

Blood pressure screenings

FREE BLOOD PRESSURE CHECKS ARE AVAILABLE EACH month on the first and third Fridays from 9:30–11:30 a.m. and on the second Wednesday from 9:30–11:30 a.m.

The services listed below are provided by Senior Community Services (SCS). SCS is a United Way Agency serving residents 55+ of suburban Hennepin County.

Senior outreach available

MARIAN DANIELSON IS A SENIOR OUTREACH WORKER who serves seniors and their family members in the Minnetonka area. If you have questions regarding community services and resources for older adults, caregiving, future planning or personal concerns, call (952) 939-8393 to make an appointment.

H.O.M.E. services available

HOUSEHOLD AND OUTSIDE MAINTENANCE FOR ELDERLY (H.O.M.E.) for Minnetonka residents aged 60+ has volunteer groups and paid workers available to help with yard clean up, snow removal, window washing, painting, small repair jobs, and house cleaning. Tim Morin is the H.O.M.E. services coordinator for Minnetonka. Tim can be reached at (952) 939-8363, Tuesdays and Thursdays between 8 a.m. to noon. Tim's hours are subject to change.

Health insurance counseling

HEALTH INSURANCE COUNSELING APPOINTMENTS CAN BE made for Monday afternoons between 1–3 p.m. by calling (952) 939-8393. This is a free service.

How to register for classes

Four ways to register

- **Walk-in:** You may register at the senior services desk and pay by cash, check or credit card (Visa, MasterCard and Discover are accepted).
- **Mail-in:** Send registrations to Minnetonka Senior Services, 14600 Minnetonka Blvd, Minnetonka, MN 55345 with your name, address, phone number, name of the class that you are registering for and your payment.
- **By phone:** Registrations are accepted over the phone (952) 939-8393 with a Visa, MasterCard, Discover
- **Online:** For more details call (952) 939-8393.

Classes cannot be pro-rated. You must pre-register and pre-pay for all programs before class, program and/or trip start date. Make checks payable to "Minnetonka Senior Services" (MSS).

Class Cancellation

Cancellation of a class requires at least two full working days before the start date of the class. Some classes may be cancelled due to insufficient enrollment.

Scholarships are available

LIMITED FINANCIAL SCHOLARSHIPS ARE AVAILABLE for Minnetonka residents age 55 and over, for events, classes and one day trips. This is sponsored by Minnetonka Senior Services. Scholarships are kept confidential. To learn more call (952) 939-8393.

Data Privacy Act/Tennessee Warning

YOUR NAME, ADDRESS, TELEPHONE NUMBER, AND OTHER identifying information are private and cannot be given to the general public. We need this information to enroll you in the program/trips and to be able to contact you if necessary. If you do not provide the information, the participant may not be able to enroll in the requested program. This information will be provided to the instructors of any class you are enrolled in and to recreation personnel who have a need to know it.

Minnesota Tort Claims Act

UNDER MINNESOTA LAW, MINNETONKA IS NOT LIABLE FOR injuries related to the operations and maintenance of facilities used for the provision of recreation programs. Minnetonka Senior Service programs are available to residents and non-residents of Minnetonka. This agency is not responsible for injuries sustained by participating in these programs.

Beginning & Intermediate Yoga — Nancy Holasek

LEARN TRADITIONAL HATHA YOGA POSTURES THAT CAN help increase your flexibility, range of motion, balance and stamina. *Please bring a yoga mat or towel to class.*

Course	Day	Level	Date	Time	Fee
21279	T	Beg. ★★	June 7-28	9:45- 10:45 a.m.	\$15
21281	TH		June 9-30		\$15
21285	T		July 5-26		\$15
21287	TH		July 7-28		\$15
21291	T		August 2-23		\$15
21293	TH		August 4-25		\$15

Course	Day	Level	Date	Time	Fee
21282	T	Int. ★★★	June 7-28	11 a.m.- 12 p.m.	\$15
21284	TH		June 9-30		\$15
21288	T		July 5-26		\$15
21290	TH		July 7-28		\$15
21294	T		August 2-23		\$15
21296	TH		August 4-25		\$15

New Evening Yoga — Nancy Holasek

LEARN TRADITIONAL HATHA YOGA POSTURES THAT CAN help increase your flexibility, range of motion, balance and stamina. *Please bring a yoga mat or towel to class.*

Course	Day	Level	Date	Time	Fee
21280	W	Beg. ★★	June 8-29	6:15- 7:15 p.m.	\$15
21286			July 6-27		\$15
21292			August 3-24		\$15

Course	Day	Level	Date	Time	Fee
21283	W	Int. ★★★	June 8-29	7:30- 8:30 p.m.	\$15
21289			July 6-27		\$15
21295			August 3-24		\$15

Line dance—Eileen Ronning

CONTINUING BEGINNER: MUST HAVE COMPLETED A minimum of 8 previous classes.

Intermediate: Must have completed a minimum of 50 previous classes. Please note that class dates and times may change due to unforeseen circumstances. ☞

Course	Day	Lvl	Date	Time	Fee
21244	TH	Beg. ★★	June 2-23	12:15-1:15 p.m.	\$20
21245		Int. ★★★		1:30-2:30 p.m.	\$20
21246		Beg. ★★	July 7-28	12:15-1:15 p.m.	\$20
21247		Int. ★★★		1:30-2:30 p.m.	\$20
21248		Beg. ★★	August 18- September 8	12:15-1:15 p.m.	\$20
21249		Int. ★★★		1:30-2:30 p.m.	\$20

Watercolor workshop—Jennifer

EXPLORE BASIC KEY TECHNIQUES AND TOOLS OF watercolor painting by following along with a step-by-step demonstration. Beginning level necessary. A list of materials will be provided at the time of registration. ☞

Course	Day	Date	Time	Fee
22496	W	June 15	1-4 p.m.	\$10

Introductory watercolor—Jennifer

JOIN US AND EXPLORE WATERCOLOR PAINTING. WE WILL focus on key techniques, basic tools and ideas. No experience necessary. A list of supplies will be provided at the time of registration. ☞

Course	Day	Lvl	Date	Time	Fee
22497	W	Beg.	June 22–July 20 No class July 6	1-2:30 p.m.	\$36

The Landing Shop

- The Landing Shop: 11280 Wayzata Boulevard, at the northwest corner of I-394 and Hopkins Crossroad/Cty. Rd. 73 in Westridge Market. Browse for handmade items.
- The shop is open Wednesdays through Saturdays, 10 a.m. to 4 p.m. Phone: (763) 591-4868. ☞

Trip reservation information

- To register, call (952) 939-8393
- Office hours are Monday through Friday, 8 a.m. – 4:30 p.m. Each caller can reserve up to four spaces on a trip.
- Payment is due at the time of registration: Checks payable to “Minnetonka Senior Services.” Minnetonka Senior Services, 14600 Minnetonka Boulevard, Minnetonka, MN 55345. Visa, MasterCard and Discover are accepted.
- Trips are planned for seniors of Minnetonka who are given first priority at registration time. Only Minnetonka residents can sign up on the first day; others may register on the second day.
- Listed bus/van pickup locations and times are tentative depending on actual registration. Registrants will be notified only if changes are necessary.
- **Trip cancellation policy:** Refunds, minus a \$5 administration cost, can only be given if you cancel before the payment deadline. If a cancellation is made after the payment deadline, the participant is refunded/credited for everything but \$5 only if a replacement is found.

Tips for registering for tours and adventures

- Call before you send in your money to make sure space is available.
- Popular trips can fill up on the first day of registration that is published in the newsletter each month. Call early for those trips that you don't want to miss.
- If you need a refund, you may apply credit to your account, which can be used anytime.
- Please note that trips are subject to change. ☞

The trip information listed below is for registered participants.

MN Twins at Target Field

Thursday, June 9

Pick-up time: 5:30 p.m.

Estimated Return time: 10:45 p.m. ☞

More trip info on next page.

Behind the scenes: Target Field

EXPERIENCE THE MAGNIFICENCE OF TARGET FIELD on a unique behind-the-scenes look at one of Major League Baseball's best and newest ballparks. Learn about the history of the Twins and baseball in Minnesota, the unique attributes and background of the Target Field site and its eco-friendly features. No video photography is allowed. The Target Field tour will conclude at the Majestic Pro Shop where time will be allotted for participants to shop. Following the tour, a lunch of chicken and dumplings, cranberry sauce, house salad, bread and a beverage will be provided at Jax Cafe.

Course #22500

Wednesday, July 13

Cost: \$58 includes tour, lunch, transportation and escort.

Pick-up time: 10:00 a.m.

Estimated Return time: 3:30 p.m.

Registration Deadline: Friday, June 17 (until full). ☞

Taylors Falls boat cruise

ENJOY AWE-INSPIRING VIEWS ON THE ST. CROIX RIVER ON a narrated boat ride leaving Taylors Falls, Minn. A box lunch of deli sandwich, chips, fruit, cookie and a beverage will be served. There will be a stop at Eichten's Cheese Shop & Deli in City Center for refreshments (at your own cost).

Course #22501

Tuesday, August 9

Cost: \$50 includes boat ride, lunch, transportation & escort.

Pick-up time: 9:45 a.m.

Estimated Return time: 3:30 p.m.

Registration Deadline: Friday, July 8. ☞

Apples, wine & chocolate

ENJOY A LEISURELY FALL AFTERNOON STROLLING through Aamodt's Apple Farm, the St. Croix Winery, the Lowell Inn, and the Chateau St. Croix. Lunch will be served at the Lowell Inn. The menu includes chicken ala king, mashed potatoes, vegetable of the day, beverage and a small dessert.

Course #22502

Wednesday, September 14

Cost: \$64 includes tours, lunch, transportation & escort.

Pick-up time: 9:00 a.m.

Estimated Return time: 5:00 p.m.

Registration Deadline: Friday, August 19. ☞

Upcoming trips to look for in future Minnetonka Scripts:

Fall Spooner Train—October 5

ENJOY A LEISURELY FALL AFTERNOON ON WISCONSIN'S Great Northern Railroad. The historic railroad recreates the atmosphere of rail travel using rebuilt cars from 1912 to 1918. Ride the rails from Spooner to Bean Creek. The Empire Builder luncheon will be held in the dining car. ☞

Austin Holiday—November 16

EXPERIENCE THE RUSSELL STOVER CANDY Store in Owatonna, then be amazed by two private collections of over 500 Nativity sets from around the world and over 400 teddy bears dressed for the holidays. Enjoy lunch at The Old Mill Restaurant located in the historic Ramsey Flour Mill on the Red Cedar River. ☞

Extended trips

FOR FURTHER INFORMATION ON THE EXTENDED TRIPS listed below, call Senior Community Services at (952) 541-1019 or visit www.seniorcommunity.org and click on Travel-Extended Tours. Otherwise stop by the center to pick up a brochure.

8-Day Alaska Circle July 16–23

Cost is \$2,850 per person, double occupancy. ☞

11-Day Alaska Explorer July 20–30

Cost is \$2,650 per person, double occupancy. ☞

Alaska Fishing Adventure (King Salmon) August 7–12

Cost is \$2,650 per person, double occupancy. ☞

Oregon/California August 17–28

Cost is \$1,675 per person, double occupancy. ☞

Shipshewana September 6–10

Cost is \$710 per person, double occupancy. ☞

Nova Scotia September 13–26

Cost is \$2,350 per person, double occupancy. ☞

Mackinac Island September 15–18

Cost is \$625 per person, double occupancy. ☞

Apostle Islands September 19–22

Cost is \$590 per person, double occupancy. ☞

Music in the Park returns June 7

THE BEAUTIFUL AMPHITHEATER ON THE MINNETONKA Civic Center campus is the site for this summer's annual Music in The Park series. Concerts are held Tuesday evenings at 7 p.m. and feature local performers playing a wide variety of music. Bring along a blanket or lawn chair and enjoy an evening of free entertainment for the whole family.

- *June 7:* Jeff Carver, Carol Zimmerman (Smooth Jazz/Pop)
- *June 14:* Minnetonka Community Theater - Rugrats: A Live Adventure.
- *June 21:* Brio Brass (30 piece, Brassy Jazz)
- *June 28:* Lehto and Wright (Celtic, Folk Rock)
- *July 5:* Don King Blues Band and Friends (Blues)
- *July 12:* Eden Prairie Community Band (45 piece band)
- *July 19:* Tom Hunter Quartet (Blues, Jazz)
- *July 26:* Jumpin' Jehosafats (Dixieland, Gospel and All that Jazz)
- *August 2:* Blue Feelin (Acoustic Blues) ☺☺

Music Association of Minnetonka

THE MUSIC ASSOCIATION OF MINNETONKA PRESENTS the following upcoming concerts.

- **Minnetonka Symphony Orchestra & Minnetonka Chamber Choir** - Arboretum's Summer Roots concert will be held at the Arboretum on Sunday, June 19, 2 p.m. The concert is free with admission to the Arboretum.
- **Summer Pops Concert by the Minnetonka Symphony Orchestra** - This concert will be held at the Excelsior Band Shell in Excelsior on Tuesday, June 21 at 7 p.m. Bring a lawnchair or blanket and enjoy this free outdoor concert.
- **"Bon Voyage" Concert by the Minnetonka Youth Chamber Choir** - This concert will be held at the Wayzata Community Church on Sunday, June 26 at 3:30 p.m. Free will donations appreciated.

For more information call (952) 401-5954 or visit www.musicassociation.org. ☺☺

SilverSneakers Now Available at Williston Fitness Center

THE WILLISTON FITNESS CENTER LOCATED AT 14509 Minnetonka Drive in Minnetonka, is recognizing the unique needs of the older adults in the community and will be holding a SilverSneakers Open House on Monday, June 6, from 10am – 12pm and 1pm – 3pm. By partnering with the nationally recognized Healthways SilverSneakers® Fitness Program, Williston is able to offer older adults a way to increase their levels of physical activity while motivating them to remain active.

With the SilverSneakers premier network, members have a complimentary membership with access to a variety of participating locations throughout the country. Many sites offer amenities such as fitness equipment, treadmills and free weights.

To find out if you are eligible for SilverSneakers, please contact your health plan provider. For more information regarding the SilverSneakers Fitness Program visit www.silversneakers.com or call 888-423-4632. ☺☺

Home repair loan funds available

ARE YOU LOOKING FOR FUNDS TO MAKE REPAIRS OR improvements to your home? If so, beginning on June 8, the city will accept pre-applications for the Emergency Repair Program and the Tonka Home Enhancement program. Pre-applications for these programs will be available on the city's website, in person at city hall, or by calling (952) 939-8285. Certain household income limits apply. ☺☺

Volunteer opportunity available

ARE YOU LOOKING FOR A WAY TO GIVE BACK TO THE community? If so, Senior Community Services (SCS) is looking for volunteers for their Medicare Health Insurance Counseling. If you are interested, please call Kimberlee at (952) 541-1019 for more information. ☺☺

Minnetonka Red Hatters

RED HATTERS' JUNE OUTING WILL BE TO THE Minneapolis Art Institute and lunch at D'amico on June 15. Carpool from Lunds parking lot at 12:20 p.m. For reservations, call Regina at (612) 220-8293 no later than June 13.

Red Hatter's July outing will be July 13 with lunch at the North Coast Restaurant followed by a separate Gold Coast tour of Lake Minnetonka. Meet at the restaurant at 11:15 a.m. For details and reservations, call Rolly at (763) 473-4304. ☺☺

Monday	Tuesday	Wednesday	Thursday	Friday
		1 A.A./Al-Anon 10:30 Stretching Program 10:30 Social Bridge 1:00 Billiards 1:00 OLLI 7:00	2 Defensive Driving 9:00 Carvers 10:00 Cribbage 10:00 Chess 12:00 Beg. Line Dance 12:15 Int. Line Dance 1:30 Billiards 3:00 Duplicate Bridge 6:00	3 Exercise 9:00 Happy Feet 9:00 Blood Pressure 9:30 Computer 10:00 Lunch & Movie 12:00 Billiards 1:00
6 Exercise 9:00 Art Drop In 9:00 Digital Camera 9:00 Executive Bd Mtg 10:30 Health Insurance 1:00 Billiards 1:00	7 Minnehaha Canoe 9:30 Yoga 9:45 Craft Committee 10:00 Poker Club 10:00 Int. Yoga 11:00 Bingo 12:45 Billiards 1:00 <i>Music in the Park Starts</i>	8 Blood Pressure 9:30 A.A./Al-Anon 10:30 Senior Singles Mtg 11:30 Social Bridge 1:00 Billiards 1:00 Yoga 6:15 500 Cards 6:30 Int. Yoga 7:30	9 Yoga 9:45 Carvers 10:00 Int. Yoga 11:00 Chess 12:00 Bunco 1:00 Beg. Line Dance 12:30 Int. Line Dance 1:45 Billiards 3:00 MN Twins Trip 5:30 Duplicate Bridge 6:00	10 Exercise 9:00 Happy Feet 9:00 Computer 10:00 Billiards 1:00
13 Exercise 9:00 Art Drop In 9:00 Digital Camera 9:00 Ham Radio 10:00 Bean Bag League 10:30 Garden Club 1:00 Billiards 1:00	14 Defensive Driving 9:00 Yoga 9:45 Advisory Board 10:00 500 Cards 10:00 Int. Yoga 11:00 Bingo 12:45 Senior Outreach 1:00 Tale Spinners 1:00 Billiards 1:00 <i>Theater in the Park Starts</i>	15 Exercise 9:00 A.A./Al-Anon 10:30 CNI 1:00 Social Bridge 1:00 Watercolor Workshop 1:00 Billiards 1:00 Yoga 6:15 Int. Yoga 7:30	16 Yoga 9:45 Carvers 10:00 Int. Yoga 11:00 Chess 12:00 Beg. Line Dance 12:30 Int. Line Dance 1:45 Billiards 3:00 Duplicate Bridge 6:00	17 Exercise 9:00 Happy Feet 9:00 Blood Pressure 9:30 Computer 10:00 Billiards 1:00
20 Exercise 9:00 Art Drop In 9:00 Digital Camera 9:00 Summer Grill Out 12:00 Billiards 1:00	21 Hike 9:00 Yoga 9:45 Poker Club 10:00 Int. Yoga 11:00 Bingo 12:45 Billiards 1:00	22 Exercise 9:00 A.A./Al-Anon 10:30 Social Bridge 1:00 Intro to Watercolor 1:00 Billiards 1:00 Yoga 6:15 500 Cards 6:30 Int. Yoga 7:30	23 Yoga 9:45 Carvers 10:00 Int. Yoga 11:00 Chess 12:00 Bunco 1:00 Beg. Line Dance 12:30 Int. Line Dance 1:45 Billiards 3:00 Duplicate Bridge 6:00	24 Exercise 9:00 Computer 10:00 Billiards 1:00
27 Exercise 9:00 Art Drop In 9:00 Digital Camera 9:00 Back Pain Relief 10:30	28 Yoga 9:45 500 Cards 10:00 Int. Yoga 11:00 Bingo 12:45 Billiards 1:00	29 Exercise 9:00 A.A./Al-Anon 10:30 Social Bridge 1:00 Intro to Watercolor 1:00 Billiards 1:00 Yoga 6:15 Int. Yoga 7:30	30 Yoga 9:45 Carvers 10:00 Int. Yoga 11:00 Chess 12:00 Billiards 3:00 Duplicate Bridge 6:00	25 Summer Fest 4:00–10:00

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Exercise 9:00 Happy Feet 9:00 Blood Pressure 9:30 Computer 10:00 Billiards 1:00
4 Center Closed in Observance of Independence Day	5 Yoga 9:45 Craft Committee 10:00 Poker Club 10:00 Int. Yoga 11:00 Bingo 12:45 Billiards 1:00 <i>Farmer's Market Starts</i>	6 Exercise 9:00 A.A./Al-Anon 10:30 Social Bridge 1:00 Billiards 1:00 Yoga 6:15 500 Cards 6:30 Int. Yoga 7:30	7 Yoga 9:45 Carvers 10:00 Int. Yoga 11:00 Chess 12:00 Bunco 1:00 Billiards 3:00 Duplicate Bridge 6:00	8 Exercise 9:00 Happy Feet 9:00 Computer 10:00 Lunch & Movie 12:00 Billiards 1:00
11 Exercise 9:00 Art Drop In 9:00 Digital Camera 9:00 Health Insurance 1:00 Billiards 1:00	12 Defensive Driving 9:00 Yoga 9:45 Advisory Board 10:00 500 Cards 10:00 Int. Yoga 11:00 Bingo 12:45 Senior Outreach 1:00 Billiards 1:00	13 Exercise 9:00 Hike at Guillian 9:00 Blood Pressure 9:30 Target Field Trip 10:00 A.A./Al-Anon 10:30 Senior Singles Mtg 11:30 Intro Watercolor 1:00 Social Bridge 1:00 Yoga 6:15 Int. Yoga 7:30	14 Yoga 9:45 Carvers 10:00 Int. Yoga 11:00 Chess 12:00 Summer Picnic 12:00 Beg. Line Dance 12:30 Int. Line Dance 1:45 Billiards 3:00 Duplicate Bridge 6:00	15 Exercise 9:00 Happy Feet 9:00 Blood Pressure 9:30 Computer 10:00 Billiards 1:00
18 Exercise 9:00 Art Drop In 9:00 Digital Camera 9:00 Billiards 1:00	19 Script Folding 9:00 Yoga 9:45 Poker Club 10:00 Int. Yoga 11:00 Bingo 12:45 Billiards 1:00	20 Exercise 9:00 A.A./Al-Anon 10:30 Social Bridge 1:00 Intro to Watercolor 1:00 Billiards 1:00 CNI 1:00 Yoga 6:15 500 Cards 6:30 Int. Yoga 7:30	21 Yoga 9:45 Carvers 10:00 Int. Yoga 11:00 Chess 12:00 Bunco 1:00 Beg. Line Dance 12:30 Int. Line Dance 1:45 Billiards 3:00 Duplicate Bridge 6:00	22 Exercise 9:00 Computer 10:00 Billiards 1:00
25 Exercise 9:00 Art Drop In 9:00 Digital Camera 9:00 Health Insurance 1:00 Billiards 1:00	26 Yoga 9:45 500 Cards 10:00 Int. Yoga 11:00 Bingo 12:45 Billiards 1:00	27 Exercise 9:00 A.A./Al-Anon 10:30 Social Bridge 1:00 Billiards 1:00 Yoga 6:15 500 Cards 6:30 Int. Yoga 7:30	28 Defensive Driving 9:00 A.A./Al-Anon 10:30 Social Bridge 1:00 Billiards 1:00 Yoga 6:15 500 Cards 6:30 Int. Yoga 7:30	29 Exercise 9:00 Computer 10:00 Billiards 1:00

Minnetonka Recreation Services
14600 Minnetonka Blvd.
Minnetonka, MN 55345

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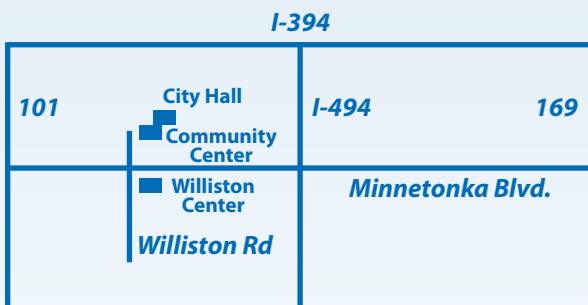
Editor: Nicole Gorman

The *Minnetonka Script* is published monthly by Minnetonka Recreation Services for Minnetonka residents age 55+. Programs are sponsored by the city of Minnetonka.

The *Script* is mailed free of charge to residents of Minnetonka. The subscription rate for non-residents is \$10. Free newsletters are located in the display case and in city hall. Call (952) 939-8393 to add your name to the mailing list. You may also view the *Script* online at www.eminnetonka.com.

Our mission...

To develop and promote programs and services in our community to meet the diverse needs of those 55+.



Contact us...

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Community center hours are Monday – Friday, 8 a.m. – 4:30 p.m.

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City Hall 952-939-8200

Williston Center 952-939-8370

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