

# Minnetonka Script

14600 Minnetonka Boulevard, Minnetonka, MN 55345  
(952) 939-8393 • on the web at [www.eminnetonka.com](http://www.eminnetonka.com)

June/July 2010

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*The Minnetonka  
Community Center  
will be closed July  
5 in observance of  
Independence Day.*



### *Our mission...*

To develop and promote programs and services in our community to meet the diverse needs of those 55+.

## Summer grill out is June 18

ENJOY BRATS ON THE GRILL WITH CHIPS, BEANS, WATERMELON AND ROOT BEER FLOATS. Thank you to Golden Living Hillcrest of Wayzata for providing the root beer floats. The fire department will be here to present their new program “What if?”

**Course #19736**

*Friday, June 18, 12 p.m.*

**Cost:** \$5 payable to MSS Monday, June 14. ↻

## Summer Festival set for June 26

SUPPORT MINNETONKA SENIOR SERVICES BY STOPPING AT OUR CONCESSION STAND during the Summer Festival. The stand offers hamburgers, hot dogs, and beverages. Volunteers are needed during the afternoon and evening. If you are interested, please call (952) 939-8393 to sign up for a shift. This is a fun community event and our traditional yearly fundraiser to support center programs and activities.

The Minnetonka Senior Advisory Board will be selling popcorn from 12–3:30 p.m. at the Burwell House. Also, check out handmade craft items by Minnetonka seniors from the Mills Landing Gift Shoppe at the Burwell Art Fair.

*Saturday, June 26, 4–10 p.m.*

For more information visit [www.eminnetonka.com](http://www.eminnetonka.com) or call (952) 939-8393. ↻

## Farmers Market starts July 6

THE MINNETONKA FARMERS’ MARKET RETURNS TUESDAY, JULY 6, FROM 3 TO 7 P.M. with more than 40 vendors offering produce, flowers, canned goods, maple syrup, honey, baked goods, frozen meat, cheese, eggs, crafts and a variety of other products. The market takes place every Tuesday through September 28 at the Minnetonka Ice Arena B parking lot, 14600 Minnetonka Boulevard. Handicapped parking is available in the parking lot near the Ice Arena B entrance. If you park further away, you may always leave your items at the information booth and drive down to pick them up. For more information about the market, visit [www.eminnetonka.com](http://www.eminnetonka.com).

## Summer celebration picnic is July 15

ENJOY THE COMPANY OF FRIENDS AND GOOD FOOD AT THIS SUMMER CELEBRATION picnic. Menu items include chicken on the grill along with watermelon, sweet corn, potato salad and dessert.

**Course #19737**

*Thursday, July 15, 12 p.m.*

**Cost:** \$5 payable to MSS Monday, July 12. ↻

## Enjoy brunch and a movie: “Young Victoria”

**E**IGHTEEN-YEAR-OLD BRITISH ROYAL VICTORIA (EMILY Blunt) ascends to the throne and is romanced by future husband Prince Albert (Rupert Friend) in this lush period film that chronicles the early years of the British monarch's larger-than-life reign. Produced by Martin Scorsese and Sarah Ferguson, the Duchess of York, the Oscar-nominated film also stars Miranda Richardson as the Duchess of Kent, Jim Broadbent as King William, and Paul Bettany as Lord Melbourne.

### Course #19738

Friday, June 11, 11 a.m.

**Menu:** Fruit, quiche, spiral rolls, and pastries.

**Cost:** \$5 payable to MSS by Wednesday, June 9. ☞

## Enjoy lunch and a movie: “The Blind Side”

**O**VERSIZED AFRICAN-AMERICAN MICHAEL OHER (Quinton Aaron), the teen from across the tracks and a broken home, has nowhere to sleep at age 16. Taken in by an affluent Memphis couple, Leigh Anne (Sandra Bullock) and Sean (Tim McGraw), Michael embarks on a remarkable rise to play for the NFL. Bullock's performance garnered a Best Actress Oscar award and Best Actress Golden Globe Award. Kathy Bates co-stars.

### Course #19739

Friday, July 9, 12 p.m.

**Menu:** Summer salad bar and dessert.

**Cost:** \$5 payable to MSS by Wednesday, July 7. ☞

## Community connections offers coffee with police and fire

**J**OIN A NEW MONTHLY PROGRAM, COMMUNITY Connections, to enjoy an informal chat with a community member. Rolls and coffee will be provided – presenter and guests are responsible for the stimulating conversation! On June 16 at 10:15 a.m., enjoy conversation with an officer from the Minnetonka Police Department, and on July 14 at 10:15 a.m., learn about the Minnetonka Fire Department's new “What If?” program from Jim Lundeen, public safety educator and firefighter.

**Cost:** \$1 payable by the Monday prior to the program. ☞

## Overwhelmed about care giving for a relative, spouse, neighbor or friend?

**S**ENIOR COMMUNITY SERVICES (SCS), IN PARTNERSHIP with Independent Home Living (IHL), is excited to share this free web-tool with the Minnetonka community. Come for an informational demonstration of the new website designed for caregivers so they can find resources, organize help, and develop an online care team. With help, caregivers find they are less stressed, overwhelmed and can have a more fulfilling lifestyle. Information on the website is specific to the Minnetonka community and cannot be found anywhere else. This free web-based tool is easy to use and provides essential information so that the person being cared for can remain in the community and independent as long as possible.

Wednesday, June 16, 10:30 a.m. OR

Wednesday, June 23, 6 p.m.

Please call (952) 939-8393 to RSVP for either of these free sessions. If you cannot attend but would like information please call Sue Gallus at (952) 541-1019 ext. 316.

## Pork chop dinner is August 16

**T**HE WRIGHT COUNTY PORK PRODUCERS WILL BE HERE August 16 to make grilled seasoned pork chops. The center will be providing accompaniments with the pork chops. Dick Macko will be performing for the evening. When registering, please specify which seating you would prefer: 4:30 p.m. or 5:30 p.m. Register early as space is limited and tickets will not be sold at the door.

### Course #19742–4:30 p.m. & Course #19743–5:30 p.m.

Monday, August 16, seatings at 4:30 & 5:30 p.m.

**Cost:** \$7 payable to MSS by Monday, August 9. ☞

## Natural ways to manage arthritis

**T**HIS 45-MINUTE PRESENTATION WILL FOCUS ON NON-pharmacological measures that can be taken to manage arthritis symptoms. It will discuss natural ways to improve symptoms of the two most common forms of arthritis: osteoarthritis and rheumatoid arthritis. The two main focal points covered will include nutrition and physical activity and how they can play a significant role in arthritis management. This presentation will be given by Jody Pozinski, an arthritis fitness specialist at the Wellness Center at Jones-Harrison.

### Course #19740

Wednesday, August 25, 10:30 a.m.

**Cost:** \$2 payable to MSS by Monday, August 23. ☞

## Ole & Lena come to dinner

SHARE A LAUGH WITH US AT OUR DINNER GRILL OUT featuring the comedic talents of David (Ole) and Jeanie Johnston (Lena). Ole and Lena will be entertaining you with their songs and jokes. The menu will include something on the grill and side dishes.

**Course #19741**

*Thursday, August 26, 5 p.m.*

**Cost:** \$7 payable to MSS by Monday, August 23. ☞

## Hikes through Minnetonka

JOIN THE MINNETONKA SENIOR CENTER ON MONTHLY hikes from 9–10 a.m. at one of Minnetonka's parks or trails. The following is a list of the parks and dates that we will be visiting.

These are free two-mile hikes. Please make sure to bring your own water and to meet at the designated park listed below. Maps are available at the senior center front desk.

- *Jidana Park:* Wednesday, June 23. Park at the Minnetonka Community Center.
- *Meadow Park:* Wednesday, July 14. Park at Meadow.
- *Shady Oak Lake:* Tuesday, August 17. Park at beach.
- *Lone Lake Park:* Monday, September 20. Park at the bottom hill lot.
- *Civic Center/Creek:* Friday, October 15. Park at Minnetonka Community Center. ☞

## Fall Fitness Fest planned

MINNETONKA SENIOR SERVICES, IN PARTNERSHIP WITH the Plymouth Creek Center and Senior Community Services, will offer Fall Fitness Fest in September, a three-day program promoting fitness in people age 55 and above. Activities for all fitness levels will be offered. The three-day event kicks off with a brunch and ends with an awards luncheon. For more information or to register see the August *Senior Script*. ☞

## Transit Link

FOR YOUR TRANSPORTATION NEEDS CALL TRANSIT LINK, formerly Lake Minnetonka Dail-A-Ride. Transit Link, during certain hours, has expanded its ride offerings to anywhere within Hennepin County – not just Minnetonka.

Reservation phone number (651) 602-LINK (5465). Reservation scheduling hours 7 a.m.-3:30 p.m. Monday-Friday. Advance reservation window up to five days. ☞

## Sign up for weekly updates

MINNETONKA SENIOR SERVICES PROVIDES E-MAIL updates about center activities, trips, events and volunteer opportunities. Your e-mail address will not be shared with anyone. If interested, please give us your e-mail address or e-mail Nicole Gorman at [ngorman@eminnetonka.com](mailto:ngorman@eminnetonka.com) to receive weekly updates. ☞

## Community Volunteer Connections tours

A GROUP OF INDIVIDUALS INTERESTED IN VOLUNTEERING within our community met recently to discuss our interests and time availability. We will tour some organizations of interest to see first-hand the needs, facilities, opportunities and requirements of volunteering. Our tours are open too all residents who would like to learn more about helping in the community. Please RSVP for each tour by calling (952) 939-8393. Each tour has an RSVP deadline date.

*Tours include:*

- *ICA Foodshelf:* Wednesday, May 26, 1p.m. Located at 12990 St. David's Road, Minnetonka, just west of Shady Oak Road and south of Minnetonka Boulevard. Help is needed for food packing, delivery and grocery pick-up as well as clerical assistance. Times and days are flexible and special projects also need volunteers. Meet at ICA. RSVP by May 24.
- *Courage Center:* Thursday, June 17, 9–10 a.m. Located at 3915 Golden Valley Road and east of Highway 100. The center serves children and adults with brain, physical and other injuries with therapies, technologies, independent living and vocational services. There are numerous volunteer positions at their main facility as well as throughout the metro area assisting clients, clerical, driving, public speaking and other needs for individuals and groups. RSVP by June 14.
- *St. David's Center for Child and Family Development:* Tuesday, July 13, 1:30 p.m. Located at 3395 Plymouth Road (at Minnetonka Blvd.). The center provides education for children from 16 months to 5 years, autism treatments, rehabilitation therapies, family support, and after-school programs. They use volunteers to help with gardens, classroom and after school aides, office assistance and to help with special events. RSVP by July 9.
- We will also go to Resource West in Hopkins to help sort supplies for Back to School. ☞

Group	Meeting day	Information
<b>Advisory Board</b>	2 <sup>nd</sup> Tuesday at 10 a.m.	
<b>AA/AI-Anon</b>	Wednesdays at 10:30 a.m.	All ages welcome. New members welcome.
<b>12 -15 Mile Bike Club</b>	Tuesdays & Thursdays	See page 5 for more information.
<b>Billiards</b>	Every afternoon - time varies	See calendar page for times.
<b>Bingo</b>	Tuesdays at 12:45 p.m.	
<b>Bird Club</b>	1 <sup>st</sup> Friday of the month at 10 a.m.	The bird club will not be meeting during the months of June–August.
<b>Book Club</b>	3 <sup>rd</sup> Thursday of the month at 1 p.m.	The book club will not be meeting during the months of June–August.
<b>Social Bridge</b>	Wednesdays at 1 p.m.	Please call (952) 939-8393 to reserve a spot.
<b>Digital Camera</b>	Mondays from 9–11 a.m.	Call (952) 939-8393 to make an appointment.
<b>Duplicate Bridge</b>	Thursdays at 6 p.m.	Partners needed.
<b>Chess</b>	Thursdays at 12 p.m.	If you have general knowledge of chess, join us.
<b>Chorale</b>	Wednesdays at 10 a.m.	The chorale group will not be meeting during the months of June–August.
<b>Computer Interests</b>	Friday at 10 a.m. Website: <b><i>Mtka-Senior-Computer-Group.org</i></b>	This group examines topics of interest. Experience ranges from beginner to expert.
<b>Craft Committee</b>	1 <sup>st</sup> Tuesday at 10 a.m.	
<b>Cribbage</b>	1 <sup>st</sup> Thursday of the month at 10 a.m.	Bring your cribbage boards and a deck of cards.
<b>OLLI Discussion</b>	1 <sup>st</sup> Wednesday at 7 p.m.	Free-wheeling discussion group.
<b>500 Card Club</b>	2 <sup>nd</sup> and 4 <sup>th</sup> Tuesday at 10 a.m.	2 <sup>nd</sup> and 4 <sup>th</sup> Wednesday at 6:30 p.m.
<b>Garden Club</b>	2 <sup>nd</sup> Monday at 1 p.m.	See page 5 for more information.
<b>Great Books</b>	4 <sup>th</sup> Tuesday at 7:15 p.m.	The great books club will not be meeting during the months of June–August.
<b>Ham Radio</b>	2 <sup>nd</sup> Monday at 10 a.m.	
<b>Legal Assistance</b>	2 <sup>nd</sup> and 4 <sup>th</sup> Thursdays	Call (952) 939-8393 to make an appointment.
<b>Mills Landing Shoppe</b>	Open Wednesday - Saturday from 10 a.m. to 4 p.m.	See page 5 for more information.
<b>Parkinson's Support Group</b>	1 <sup>st</sup> Tuesday at 4 p.m.	
<b>Poker</b>	1 <sup>st</sup> and 3 <sup>rd</sup> Tuesday at 10 a.m.	Join us for a new poker club.
<b>Scribblers</b>	Thursdays at 10 a.m.	Scribblers will not be meeting during the months of June–August.
<b>Senior Singles</b>	Lunch/Outing once a month	This group is for both men and women. See page 5 for more information.
<b>Tonka Tale Tellers</b>	2 <sup>nd</sup> Monday at 10 a.m.	The Tonka Tale Tellers will not be meeting during the months of June–August.
<b>Tale Spinners</b>	Tuesdays at 1 p.m.	The tale spinners will not be meeting during the months of July–August.
<b>Wood Carvers</b>	Thursdays at 10 a.m.	Group members work independently but also share ideas with one another.

## Bike club

LOOKING FOR A GREAT CO-ED SENIOR GROUP TO BIKE 12-15 miles at various scenic metro locations? This bike group meets Tuesdays and Thursdays at 9 a.m.

There is a \$5 yearly charge to join the group and to receive the route descriptions and email updates. Please call (952) 939-8393 for more information.

## Garden club

THE GARDEN CLUB WILL MEET MONDAY, JUNE 14, AT 1 p.m. at the Minnetonka Community Center. The garden club will meet Monday, July, 12 and will be touring the Venero Gardens in Shorewood. To carpool meet at the community center before 1 p.m.

## Senior Singles

THE SENIOR SINGLES WILL MEET FOR THEIR MONTHLY meetings on Wednesday, June 9 and July 14 at noon. June's outing is the performance of "Free to Be Me" at the amphitheater on Tuesday, June 15. Meet at the community center at 10:30 a.m. and bring a chair, lunch will be after the performance.

July's outing will be a boat trip to Wayzata to watch a band concert. For more information call Vi at (952) 938-2501.

## Visit the Mills Gift Shoppe

BROWSE AND BUY HANDMADE TOYS, DOLL CLOTHES AND furniture, sweaters, booties, plus much more at the Mills Landing Gift Shoppe, located at 12810 Minnetonka Blvd. Shoppe hours are Wednesday – Saturday from 10 a.m. to 4 p.m. For more information visit [www.millslandingshoppe.com](http://www.millslandingshoppe.com) or call (952) 933-5214.

## Minnetonka Red Hatters

MINNETONKA RED HATTERS WILL BE ENJOYING A lovely boat cruise with lunch on June 28. Boat leaves at 11:30 a.m. and will start boarding at 11:15 a.m. at Al and Alma's boat dock. Carpool from the General Store at 10 a.m. Reservations cannot be made until Queen Mum Thelma receives your payment. Call Thelma at (952) 938-0393.

For information regarding July's outing, please contact Ginny at (952) 935-1770.

## Over 50 and Fit

THIS EXERCISE GROUP MEETS EVERY MONDAY, Wednesday and Friday from 9–10 a.m. There is a yearly fee of \$12 to participate. Stay in shape during 2010.

## Keeping your feet happy

NURSES FROM THE HAPPY FEET AGENCY ARE AT the center on the first, second and third Fridays of the month from 9 a.m. – 3 p.m. To make appointments and/or cancellations, call (763) 560-5136. There is a fee of \$31 for this service.

## Blood pressure screenings

FREE BLOOD PRESSURE CHECKS ARE AVAILABLE ON THE first and third Fridays from 9:30 – 11:30 a.m. and on the second Wednesday from 9:30 – 11:30 a.m.

*The services listed below are provided by Senior Community Services (SCS). SCS is a United Way Agency serving residents 55+ of suburban Hennepin County.*

## Senior outreach available

MARIAN DANIELSON IS A SENIOR OUTREACH WORKER who serves seniors and their family members in the Minnetonka area. If you have questions regarding community services and resources for older adults, caregiving, future planning, or personal concerns, please call Minnetonka Senior Services at (952) 939-8393 to make an appointment to meet with Marian.

## H.O.M.E. services available

HOUSEHOLD AND OUTSIDE MAINTENANCE FOR ELDERLY (HOME) for Minnetonka residents aged 60+ has volunteer groups and paid workers available to help with yard clean up, snow removal, window washing, painting, small repair jobs, and house cleaning. Call (952) 939-8363 for more information.

## Health insurance counseling

APPOINTMENTS FOR HEALTH INSURANCE COUNSELING CAN be made for Monday afternoons between 1 – 3 p.m. by calling senior services. There is no cost to meet with a volunteer counselor.

## How to register for classes

### Four ways to register

- **Walk-in:** You may register at the senior services desk and pay by cash, check or credit card (Visa, MasterCard and Discover are accepted).
- **Mail-in:** Send registrations to Minnetonka Senior Services, 14600 Minnetonka Blvd, Minnetonka, MN 55345 with your name, address, phone number, name of the class that you are registering for and your payment.
- **By phone:** Registrations are accepted over the phone (952) 939-8393 with a Visa, MasterCard, Discover
- **Online:** For more details call (952) 939-8393.

Classes cannot be pro-rated. You must pre-register and pre-pay for all programs before class, program and/or trip start date. Make checks payable to "Minnetonka Senior Services" (MSS).

### Class Cancellation

Cancellation of a class requires at least two full working days before the start date of the class. Some classes may be cancelled due to insufficient enrollment.

## Scholarships are available

LIMITED FINANCIAL SCHOLARSHIPS ARE AVAILABLE for Minnetonka residents age 55 and over, for events, classes and one day trips. This is sponsored by Minnetonka Senior Services. Scholarships are kept confidential. To learn more call (952) 939-8393.

## Data Privacy Act/Tennessee Warning

YOUR NAME, ADDRESS, TELEPHONE NUMBER, AND OTHER identifying information are private and cannot be given to the general public. We need this information to enroll you in the program/trips and to be able to contact you if necessary. If you do not provide the information, the participant may not be able to enroll in the requested program. This information will be provided to the instructors of any class you are enrolled in and to recreation personnel who have a need to know it.

## Minnesota Tort Claims Act

UNDER MINNESOTA LAW, MINNETONKA IS NOT LIABLE FOR injuries related to the operations and maintenance of facilities used for the provision of recreation programs. Minnetonka Senior Service programs are available to residents and non-residents of Minnetonka. This agency is not responsible for injuries sustained by participating in these programs.

## Line Dance — Eileen Ronning

THE BEGINNER'S CLASS IS FOR PEOPLE WITH NO PREVIOUS experience, the EZ Intermediate class is for people who have completed at least 30 classes, and the Intermediate class is for people who have had at least 80 classes.

Course	Day	Date	Time	Fee
18453			11 a.m.–12 p.m. (Beginner)	\$25
18454	TH	June 10– July 8	12:30–1:30 p.m. (EZ Intermediate)	\$25
18455			1:45–2:45 p.m. (Intermediate)	\$25
19744	TH	July 15– August 5	12:15–1:15 p.m. (Beginner)	\$20
19745			1:30–2:30 p.m. Intermediates	\$20
19746	TH	August 12– September 2	12:15–1:15 p.m. (Beginner)	\$20
19747			1:30–2:30 p.m. Intermediates	\$20

## Beginning & Intermediate Yoga — Nancy Holasek

LEARN TRADITIONAL HATHA YOGA POSTURES THAT CAN help increase your flexibility, increase your range of motion, balance and stamina. *Please bring a yoga mat or towel to class.*

Course	Day	Level	Date	Time	Fee
18430	T		June 1–22		\$15
18431	TH		June 3–24		\$15
18432	T	Beg.	July 6–27	9:45– 10:45 a.m.	\$15
18433	TH		July 8–29		\$15
18434	T		August 3–24		\$15
18435	TH		August 5–26		\$15
Course	Day		Level		Date
18440	T		June 1–22		\$15
18441	TH		June 3–24		\$15
18442	T	Int.	July 6–27	11 a.m.– 12 p.m.	\$15
18443	TH		July 8–29		\$15
18444	T		August 3–24		\$15
18445	TH		August 5–26		\$15

## Watercolor workshop—Karen Rognsvoog

THIS CLASS IS FOR THOSE STUDENTS WHO ALREADY KNOW the basics of watercolor painting. The instructor will demonstrate one-brush techniques using a Japanese Sumi-e brush, composition, color mixing, shading, masking, texturing using unconventional materials, salt washes, wet-dry techniques and more. Work with photos, still life or paint in the abstract. Use of other types of papers will be demonstrated as well. ☺

Course	Day	Date	Time	Fee
19748	W	June 23	1–4 p.m	\$15

## 70+ softball league

SLOW-PITCH SOFTBALL IS PLAYED EVERY MONDAY AND Wednesday mornings at Big Willow Park. Modified rules allow for competitive play without the risk of serious injury. Registration will be accepted throughout the season.

Course #19199

Mondays and Wednesdays, April–October from 9 a.m.–12 p.m. Cost is \$15 payable to MSS. ☺

## Defensive driving classes offered

PLEASE CALL THE MN HIGHWAY SAFETY CENTER, TOLL free at 1-888-234-1294, Monday–Friday from 8 a.m. to 4 p.m. to register for all defensive driving classes. You will pay the instructor at the time of the class using a check or exact cash. Checks payable to: MN Highway Safety Center. Need driver's license number included with payment. Sign up early for these classes.

### Four-hour renewal day course:

All four-hour renewal day classes are held from 9 a.m.–1 p.m. Cost for the class is \$20. No lunches are served. To register call 1-888-234-1294.

- Thursday, June 3
- Tuesday, June 15
- Thursday, July 22

### Four-hour renewal evening course:

All four-hour renewal evening classes are held from 6–10 p.m. Cost for the class is \$20. Refreshments included. To register call 1-888-234-1294.

- Tuesday, July 13

Save 10% on your car insurance by taking these classes! ☺

## Volunteer Opportunities

### Community volunteer project

RESOURCEWEST, A LOCAL RESOURCE AND REFERRAL organization known for its Toy Chest, Back-to-School, and Winter Warm Wear programs, is seeking daily volunteers to help at its Hopkins location. Please call Rosemaris at (952) 988-5350 or visit [www.resourcewest.org/volunteer](http://www.resourcewest.org/volunteer) to find out more information. ☺

### Community Needs and Issues

WITH THE DISSOLUTION OF THE MINNESOTA SENIOR Federation, a new local group called Community Needs and Issues has been established to organize events and forums on topics of current interest.

The new group meets at 1 p.m. on the third Wednesday of each month. You are invited to join the group to discuss issues and plan future events.

If you have any questions, please contact Jim Kohrt at [mjkohrt@earthlink.net](mailto:mjkohrt@earthlink.net) or attend a meeting. ☺

### Volunteers needed

- Utility billing is Wednesday, June 2 & 30. No billing in July.
- Script folding is Tuesday, July 13, 9 a.m. Thanks to St. Therese Southwest for providing refreshments.
- Dishwashers, set-up and cleanup crews, and check-in people are needed for monthly parties and other special events. Volunteers eat for free. ☺

### Adopt-a-Highway

VOLUNTEERS ARE NEEDED FOR ADOPT-A-HIGHWAY. Volunteers will meet at the community center. Supplies will be provided. Following the cleanup enjoy a picnic lunch at the Burwell House with hot dogs, beans, chips, cookies and a beverage.

Wednesday, July 21, 9:30 a.m. ☺

### Senior services thank you

MINNETONKA SENIOR SERVICES WOULD LIKE TO THANK Bev Montgomery and Jeanne Lutgen for their wonderful work on the Remarkable First Ladies Fashion Show on May 18. Thank you both for bringing that wonderful program to our participants. ☺

## Trip reservation information

- To register, call (952) 939-8393
- Office hours are Monday through Friday, 8 a.m. – 4:30 p.m. Each caller can reserve up to four spaces on a trip.
- Payment is due at the time of registration: Checks payable to “Minnetonka Senior Services.” Minnetonka Senior Services, 14600 Minnetonka Boulevard, Minnetonka, MN 55345. Visa, MasterCard and Discover are accepted.
- Trips are planned for seniors of Minnetonka who are given first priority at registration time. Only Minnetonka residents can sign up on the first day; others may register on the second day.
- Listed bus/van pickup locations and times are tentative depending on actual registration. Registrants will be notified only if changes are necessary.
- **Trip cancellation policy:** Refunds, minus a \$5 administration cost, can only be given if you cancel before the payment deadline. If a cancellation is made after the payment deadline, the participant is refunded/credited for everything but \$5 only if a replacement is found.

### Tips for registering for tours and adventures

- Call before you send in your money to make sure space is available.
- Popular trips can fill up on the first day of registration that is published in the newsletter each month. Call early for those trips that you don't want to miss.
- If you need a refund, you may apply credit to your account, which can be used anytime.
- Please note that trips are subject to change. ☞

*The trip information listed below is for registered participants*

## A day in Rogers, Minnesota

*Wednesday, June 9*

**Pick-up time:** 9:15 a.m.

**Return time:** 4:15 p.m. ☞

## MN Twins ball game

*Wednesday, June 30*

**Pick-up time:** 10:45 a.m.

**Estimated Return time:** 3:45 p.m. ☞

*Trips still available for registration include the following:*

## Minnehaha Creek canoe trip

ENJOY A RELAXING TWO-MILE CANOE TRIP BETWEEN THE Gray's Bay Dam and I-494, with a picnic stop at Jidana Park. Relax in front of a campfire at Jidana and roast hot dogs. The trip is intended for people who have canoeing experience and are comfortable in a two-person canoe.

**#18457**

*Thursday, June 3*

**Cost:** \$10 includes lunch, canoes and staff.

**Pick-up time:** 10 a.m.

**Registration deadline:** Until full ☞

## Behind the scenes

MEET A JOCKEY AND TOUR THE STABLES AT CANTERBURY Park. See the horses on the track and get background information about racing. Have lunch at Dangerfield's, the pride of Shakopee since 1991. Menu includes roast chicken with potato, vegetable, cranberry sauce and beverage. Tour Rahr Malting, the historic Brewery House and the Dan Patch Exhibit in Savage.

**#19617**

*Thursday, July 8*

**Cost:** \$60 includes tours, lunch, transportation and escort

**Pick-up time:** 9 a.m.

**Return time:** 4 p.m.

**Registration deadline:** Wednesday, June 16 (until full) ☞

## Christmas Lake canoe trip

ENJOY A RELAXED PADDLE AROUND BEAUTIFUL AND CLEAR Christmas Lake in Shorewood. Bring a picnic snack and beverage to eat at a park following the canoe trip. The trip is intended for people who have canoeing experience and are comfortable in a two-person canoe.

**#18458**

*Monday, July 12*

**Cost:** \$8 includes canoes and staff

**Pick-up time:** 9 a.m.

**Registration deadline:** Until full ☞

## Creative travel day July 23

TRAVEL TO BLACK RIVER FALLS, WISC., TO MEET A nationally acclaimed American artist, Susan Sampson. View dozens of murals she painted around town. Each mural has a story about local people, businesses and the history of the area. Get an inside view of Susan's work at the Sampson Art Gallery.

#19618

Friday, July 23

**Cost:** \$55 includes tour, lunch, transportation and escort

**Pick-up time:** 8 a.m.

**Return time:** 5 p.m.

**Registration deadline:** Wednesday, June 30 (until full) ↻

## Duluth Harbor cruise

TRAVEL TO DULUTH, MINNESOTA TO TAKE A NARRATED cruise on Lake Superior. Experience a close-up view of the ore docks, Great Lakes cargo carriers, spectacular pleasure yachts, visiting foreign ships, grain elevators, and the Aerial Lift Bridge. Enjoy a pizza buffet, salad, cookie and a beverage for lunch.

#19701

Tuesday, August 10

**Cost:** \$65 includes tour, lunch, transportation and escort

**Pick-up time:** 8 a.m.

**Return time:** 5:30 p.m.

**Registration deadline:** Friday, July 16 (until full) ↻

## Upcoming trips to look for in future Minnetonka Scripts:

### Dead Sea Scrolls is August 24

LEARN ABOUT THE DEAD SEA SCROLLS AT THE SCIENCE Museum. More information to come in August's *Script*. ↻

### Boot and fruit is September 23

BE AMAZED AT THE WORLD'S LARGEST BOOT WHEN WE visit the Red Wing Shoe Company Museum and retail store. Following the museum travel to the Red Wing Confectionery to watch the process of making sweet treats. Lunch to follow at the St. James Hotel. After lunch enjoy a tour of the Falconer Winery for a tasting and tour. To complete this wonderful day we will be stopping at Afton Apples in Hastings. ↻

## Extended trips

FOR FURTHER INFORMATION ON THE EXTENDED TRIPS listed below, please stop by the community center to pick up a brochure. Call Senior Community Services at (952) 541-1019 or visit [www.seniorcommunity.org](http://www.seniorcommunity.org) and click on Travel-Extended Tours.

### Niagara Falls

July 7–13

Cost is \$1,050 per person, double occupancy. Registration deadline is June 2, 2010.

### Eight-Day Alaska Circle

July 17–24

Cost is \$2,850 per person, double occupancy. Registration deadline is June 3, 2010.

### Canadian Rockies

July 18–26

Cost is \$1,470 per person, double occupancy. Registration deadline is May 31, 2010.

### Wisconsin Getaway

July 30–August 1

Cost is \$519 per person, double occupancy. Registration deadline is June 15, 2010.

### Alaska 12-Day Explorer

August 5–16

Cost is \$3,700 per person, double occupancy. Registration deadline is June 10, 2010. ↻

## Theater in the Park

EVERYONE IS INVITED TO ATTEND A FREE PERFORMANCE OF "Free to Be You and Me" at the beautiful outdoor amphitheater on the Minnetonka Civic Center campus. The Minnetonka Community Theater will perform this show, written by Marlo Thomas. The play focuses on being strong individuals and celebrating differences. Bring along a blanket or lawn chair and enjoy wonderful free entertainment for the whole family.

*Performance dates and times listed below:*

- Tuesday, June 15 at 11 a.m. & 7 p.m.
- Wednesday, June 16 at 11 a.m.
- Thursday, June 17 at 11 a.m. . ↻

## Music in the Park

THE AMPHITHEATER ON THE MINNETONKA CIVIC CENTER campus is the site for this summer's annual Music in the Park series that runs Tuesdays, June 8 through August 3, at 7 p.m. Concerts feature local performers playing a wide variety of music. Bring along a blanket or lawn chair and enjoy an evening of free entertainment. Call (952) 939-8393 for details. ↻

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> Yoga 9:45 Craft Committee 10:00 Poker Club 10:00 Int. Yoga 11:00 Bingo 12:45 Tale Spinners 1:00 Billiards 1:00 Parkinson's Support 4:00	<b>2</b> Utility Billing 9:00 Exercise 9:00 A.A./Al-Anon 10:30 Social Bridge 1:00 Billiards 1:00 OLLI 7:00	<b>3</b> Defensive Driving 9:00 Yoga 9:45 Canoe Trip 10:00 Cribbage 10:00 Carvers 10:00 Int. Yoga 11:00 Chess 12:00 Billiards 1:00 Duplicate Bridge 6:00	<b>4</b> Exercise 9:00 Happy Feet 9:00 Blood Pressure 9:30 Computer 10:00 Billiards 1:00
<b>7</b> Exercise 9:00 Art Drop In 9:00 Billiards 1:00 Health Insurance 1:00	<b>8</b> Yoga 9:45 Advisory Board 10:00 500 Cards 10:00 Watercolor—Linda 10:00 Int. Yoga 11:00 Bingo 12:45 Tale Spinners 1:00 Billiards 1:00 Senior Outreach 1:00	<b>9</b> Exercise 9:00 Trip to Rogers, MN 9:15 Blood Pressure 9:30 A.A./Al-Anon 10:30 Senior Singles Mtg 12:00 Social Bridge 1:00 Billiards 1:00 500 Cards 6:30	<b>10</b> Yoga 9:45 Scribblers 10:00 Carvers 10:00 Int. Yoga 11:00 Beg. Line Dance 11:00 Chess 12:00 EZ Line Dance 12:30 Int. Line Dance 1:45 Billiards 3:00 Duplicate Bridge 6:00	<b>11</b> Exercise 9:00 Happy Feet 9:00 Computer 10:00 Lunch & Movie 12:00 Billiards 1:00
<b>14</b> Exercise 9:00 Art Drop In 9:00 Ham Radio 10:00 Garden Club 1:00 Billiards 1:00	<b>15</b> Defensive Driving 9:00 Yoga 9:45 Poker Club 10:00 Watercolor—Linda 10:00 Int. Yoga 11:00 Bingo 12:45 Tale Spinners 1:00 Billiards 1:00	<b>16</b> Exercise 9:00 Coffee w/Police 10:15 A.A./Al-Anon 10:30 Social Bridge 1:00 Billiards 1:00 Local Issues Group 1:00	<b>17</b> Yoga 9:45 Carvers 10:00 Int. Yoga 11:00 Beg. Line Dance 11:00 Chess 12:00 EZ Line Dance 12:30 Int. Line Dance 1:45 Billiards 3:00 Duplicate Bridge 6:00	<b>18</b> Exercise 9:00 Happy Feet 9:00 Blood Pressure 9:30 Computer 10:00 Summer Grill Out 12:00 Billiards 1:00
<b>21</b> Exercise 9:00 Digital Camera 9:00 Art Drop In 9:00 Billiards 1:00 Health Insurance 1:00	<b>22</b> Yoga 9:45 500 Cards 10:00 Watercolor—Linda 10:00 Int. Yoga 11:00 Bingo 12:45 Tale Spinners 1:00 Senior Outreach 1:00 Billiards 1:00	<b>23</b> Jidana Hike 9:00 Exercise 9:00 A.A./Al-Anon 10:30 Social Bridge 1:00 Billiards 1:00 Watercolor Workshop 1:00 500 Cards 6:30	<b>24</b> Yoga 9:45 Carvers 10:00 Int. Yoga 11:00 Beg. Line Dance 11:00 Chess 12:00 EZ Line Dance 12:30 Int. Line Dance 1:45 Billiards 3:00 Duplicate Bridge 6:00	<b>25</b> Exercise 9:00 Computer 10:00 Billiards 1:00
<b>28</b> Exercise 9:00 Digital Camera 9:00 Art Drop In 9:00 Billiards 1:00	<b>29</b> Watercolor—Linda 10:00 Bingo 12:45 Tale Spinners 1:00 Billiards 1:00	<b>30</b> Utility Billing 9:00 Exercise 9:00 A.A./Al-Anon 10:30 Twins Game 10:45 Social Bridge 1:00 Billiards 1:00		

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>1</b> Cribbage 10:00 Carvers 10:00 Beg. Line Dance 11:00 Chess 12:00 EZ Line Dance 12:30 Int. Line Dance 1:45 Billiards 3:00 Duplicate Bridge 6:00	<b>2</b> Exercise 9:00 Happy Feet 9:00 Blood Pressure 9:30 Computer 10:00 Billiards 1:00
<b>5</b> Center Closed in Observance of Independence Day	<b>6</b> Yoga 9:45 Poker Club 10:00 Watercolor—Linda 10:00 Int. Yoga 11:00 Bingo 12:45 Billiards 1:00	<b>7</b> Exercise 9:00 A.A./Al-Anon 10:30 Social Bridge 1:00 Billiards 1:00 Watercolor—Karen 1:30 OLLI 7:00	<b>8</b> Behind the Scenes 9:00 Yoga 9:45 Carvers 10:00 Int. Yoga 11:00 Beg. Line Dance 11:00 Summer Picnic 12:00 Chess 12:00 EZ Line Dance 12:30 Int. Line Dance 1:45 Billiards 3:00 Duplicate Bridge 6:00	<b>9</b> Exercise 9:00 Happy Feet 9:00 Computer 10:00 Lunch & Movie 12:00 Billiards 1:00
<b>12</b> Christmas Lake 9:00 Exercise 9:00 Digital Camera 9:00 Art Drop In 9:00 Ham Radio 10:00 Billiards 1:00 Health Insurance 1:00 Garden Club 1:00	<b>13</b> Script Folding 9:00 Yoga 9:45 Advisory Board 10:00 500 Cards 10:00 Int. Yoga 11:00 Bingo 12:45 Billiards 1:00 Senior Outreach 1:00 Defensive Driving 6:00	<b>14</b> Meadow Park Hike 9:00 Exercise 9:00 Blood Pressure 9:30 Coffee w/Fire Dept. 10:15 A.A./Al-Anon 10:30 Senior Singles Mtg 12:00 Social Bridge 1:00 Billiards 1:00 Watercolor—Karen 1:30 500 Cards 6:30	<b>15</b> Yoga 9:45 Carvers 10:00 Int. Yoga 11:00 Chess 12:00 Beg. Line Dance 12:15 Int. Line Dance 1:30 Billiards 3:00 Duplicate Bridge 6:00	<b>16</b> Exercise 9:00 Happy Feet 9:00 Blood Pressure 9:30 Computer 10:00 Billiards 1:00
<b>19</b> Exercise 9:00 Digital Camera 9:00 Art Drop In 9:00 Billiards 1:00	<b>20</b> Yoga 9:45 Int. Yoga 11:00 Bingo 12:45 Billiards 1:00	<b>21</b> Exercise 9:00 Adopt-A-Hwy 9:30 A.A./Al-Anon 10:30 Social Bridge 1:00 Billiards 1:00 Local Issues Group 1:00 Watercolor—Karen 1:30	<b>22</b> Yoga 9:45 Carvers 10:00 Int. Yoga 11:00 Chess 12:00 Beg. Line Dance 12:15 Int. Line Dance 1:30 Billiards 3:00 Duplicate Bridge 6:00	<b>23</b> Creative Travel 8:00 Exercise 9:00 Computer 10:00 Billiards 1:00
<b>26</b> Exercise 9:00 Digital Camera 9:00 Art Drop In 9:00 Billiards 1:00 Health Insurance 1:00	<b>27</b> Yoga 9:45 500 Cards 10:00 Int. Yoga 11:00 Bingo 12:45 Billiards 1:00 Senior Outreach 1:00	<b>28</b> Exercise 9:00 A.A./Al-Anon 10:30 Social Bridge 1:00 Billiards 1:00 Watercolor—Karen 1:30 500 Cards 6:30	<b>29</b> Yoga 9:45 Carvers 10:00 Int. Yoga 11:00 Chess 12:00 Beg. Line Dance 12:15 Int. Line Dance 1:30 Billiards 3:00 Duplicate Bridge 6:00	<b>30</b> Exercise 9:00 Computer 10:00 Billiards 1:00

Minnetonka Recreation Services  
14600 Minnetonka Blvd.  
Minnetonka, MN 55345

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### *About the Script...*

**Editor:** Nicole Gorman

The *Minnetonka Script* is published monthly by Minnetonka Recreation Services for Minnetonka residents age 55+. Programs are sponsored by the city of Minnetonka.

The *Script* is mailed free of charge to residents of Minnetonka. The subscription rate for non-residents is \$10. Free newsletters are located in the display case and in city hall. Call (952) 939-8393 to add your name to the mailing list. You may also view the *Script* online at [www.eminnetonka.com](http://www.eminnetonka.com).

### *Our mission...*

To develop and promote programs and services in our community to meet the diverse needs of those 55+.

### *Contact us...*

Minnetonka Senior Services  
14600 Minnetonka Blvd., Minnetonka, MN 55345

Community center hours are Monday – Friday, 8 a.m. – 4:30 p.m.

#### **Senior Services & Activities Manager**

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#### **H.O.M.E.**

**952-939-8363**

#### **Outreach**

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952-939-8393

#### **Minnetonka Community Center**

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#### **Non-Emergency Police**

**952-939-8500**

#### **City Hall**

**952-939-8200**

#### **Williston Center**

**952-939-8370**

