

# EDEN PRAIRIE SWIMMING

December 1 - 31, 2010

	LAP SWIM	OPEN SWIM	FAMILY SWIM
<b>SUNDAY</b>			
EPCC POOL	7 am – 1 pm 4 pm – 4:45 pm	1 pm - 4 pm	
OAK POINT			
<b>MONDAY</b>			
EPCC POOL	5:30 am – 8:50 am 12 pm – 12:45 pm 8 pm – 8:45 pm	1 pm – 3 pm	
OAK POINT			
<b>TUESDAY</b>			
EPCC POOL	5:30 am – 8:55 am 12 pm – 12:45 pm 7:15 pm - 8:45 pm**	1 pm – 3 pm	
OAK POINT			
<b>WEDNESDAY</b>			
EPCC POOL	5:30 am – 8:50 am 12 pm – 12:45 pm 8 pm – 8:45 pm	1 pm – 3 pm	
OAK POINT			
<b>THURSDAY</b>			
EPCC POOL	5:30 am – 8:55 am 12 pm – 12:45 pm 7:15 pm - 8:45 pm**	1 pm – 3 pm	
OAK POINT			
<b>FRIDAY</b>			
EPCC POOL	5:30 am – 8:50 am 12 pm – 12:45 pm 8 pm – 8:45 pm	1 pm – 3 pm	
OAK POINT			
<b>SATURDAY</b>			
EPCC POOL	7 am – 8:45 am* 5:30 pm – 6:45 pm	3:30 pm – 5:30 pm	
OAK POINT			

## POOL CLOSURE DATES

### SCHEDULE HOTLINE

949-8460

\*During water exercise classes at EPCC, lap swimmers are required to swim meters. All other times, lap swimmers will swim yards.

\*\* Lap lanes are available on a limited basis due to Parks and Recreation swim lesson programs and open swim. Lap swimmers may be required to share lanes and circle swim.

\*\*\* No lifeguard on duty during family swim. All swimmers must be accompanied by an adult in the water!

\*\*\*\*Small pool unavailable until 7:30 pm due to swimming lessons. Fees for Non-Members through December 31, 2010

Family (up to four individuals )	\$15
Adults (18 and up)	\$5
Youth (5 – 17)	\$4.50
Tot (18 months to 4 years)	\$3.50
Babies (under 18 months)	Free

## POOL ACCESSIBILITY

Eden Prairie Community Center and Oak Point Pool have chair lifts provided to allow for easy entry to and exit from the pools.

## GENERAL POOL FACILITY RULES

- No Lifeguard on duty during FAMILY SWIM. Adult must be in attendance at all times.
- Children 8-11 must be accompanied by a person 16 years of age or older in the facility at all times.
- Children 7 and under must be accompanied by an adult in the water, within arms reach of the child at all times.
- All swimmers must take a cleansing shower prior to entering the swimming pool.
- U.S. Coast Guard approved swimsuits with built-in floatation will be allowed, however, a person age 16 or older must be in the pool within arms reach of the child.
- No personal floatation devices or swimsuits with floatation devices are allowed when utilizing the water slide or diving board.
- No person with or suspected of having a communicable disease which could be transmitted through use of the pool, shall use the pool.
- Diving is permitted only in designated diving areas.
- Spitting, spouting water from the mouth and blowing the nose in the pool is prohibited.
- No running or rough play is permitted in the pool or locker rooms.
- Glass objects of any type are not allowed in the pool area.
- Visiting with the lifeguards is prohibited.
- Persons with open or infectious sores are not permitted in the pool.
- Any person under the influence of drugs or alcohol will not be permitted to use the facility.
- Children who are not toilet trained must wear a cloth diaper with plastic pants or a swimsuit diaper. Paper diapers of any type are not allowed in the pools.
- An aquatic course may be scheduled during open swim hours. Portions of the pool are designated for these courses.
- Swimmers engaging in unsafe or disruptive behavior will be asked to leave the facility.

## LAP SWIM POLICIES

- No lifeguard on duty during lap swimming at the Community Center!
- Lap swimmers must be 16 years of age or older unless prior approval by the Aquatics Coordinator.
- During lap/open swim hours, lap swimmers are to limit their swimming to the designated lap lanes.
- During designated lap swimming times there will be a minimum of two lanes available for lap swimming.
- Lap lanes are available on a first come, first serve basis. Lap swimmers are encouraged to circle swim.
- Lane lines will be put in upon request.
- During water exercise classes at EPCC, lap swimmers are requested to swim meters. All other times lap swimmers will swim yards.

## OPEN SWIM POLICIES

- Children under the age of 7 must be accompanied by an adult in the water.
- Participants wearing lifejackets must have a parent/guardian in the water, within arms reach of the swimmer, at all times. All other floatation devices are not allowed unless waived for a special event.
- Children may use soft balls, small water toys, noodles, and barbells at the Head Guard's discretion. These items may not be used in the diving well at EPCC or the deep end at Oak Point pool. Note: These items will not be allowed when large user groups are in attendance.
- Kickboards and mats are not allowed during open swim times.
- Cut offs or t-shirts may not be worn in the pool.
- Faces masks, flippers, and snorkels are not allowed unless waived for a special event.

## SLIDE POLICIES

- In order to utilize the water slide, all users must be 48" tall and be able to swim to the side without assistance. Lifeguards reserve the right to require a swim test on any swimmer prior to them being able to go down the slide. The swim test consists of successfully swimming the width of the pool, using an American Red Cross certified stroke.
- Running up the stairs is unsafe and not permitted.
- Patrons or staff may not catch their children at the bottom of the slide.
- One person on the slide at a time.
- No running or leaping entries to the slide.
- No spinning, standing, kneeling or stopping while on the slide.
- Cutoffs or T-shirts may not be worn in the pool.
- No goggles allowed on the slide.

## DIVING BOARD POLICIES

- Diving board is open and available for use, only when a Community Center lifeguard is on duty.
- Diving Board is not available during Family Swim.
- Only one person on the diving board at a time.
- Swimmers must check the diving area before going off the board and ensure the previous diver is out of the way prior to diving.
- Jumping or diving is not allowed from the side of the board. Swimmers must jump straight off the end.
- Swimmers should never swim or walk under the diving board.
- Running, double bouncing, handstands, cartwheels, somersaults, and springs from a sitting position will not be allowed on the diving board.
- Hanging from the board is not allowed.
- Only one bounce on the board.
- Swimming is not allowed in the diving well.
- Inward dives, inward somersaults, or dives where the diver comes back towards the board are not allowed.
- Parents, teachers or any other staff may not catch their children off the diving board. Children must be able to swim to the side of the pool unassisted.
- Diving board users are not permitted to wear lifejackets or swimsuits with floatation's.
- A swimming test is required for individuals who wish to use the diving board. Swimmers must be able to swim 25 yards, doing any American Red Cross certified stroke, in a forward motion, as administered by aquatics staff.

## FAMILY SWIM

- There is no lifeguard on duty during family swim. An adult, 16 and older, must be in the pool with the swimmer at all times.
- The diving board is not available during Family Swim.
- All of the policies above apply to family swim.